

Tukua te wairua kia rere ki nga taumata
Mā te rā e kawe mai te ngao ia rā, ia ra
Mā te marama te whakaora, i a koe i waenga po
Mā te ua e horoi nga maharahara
Mā te hau e pupuhi te pākahukahu ki roto i ā koe i tō hikoitanga i tenei Ao kikokiko

### **POUHERE:**

Kia ora e te whanau o Te Kāpehu Whetū

We are into the last full week of school year with Prize-givings and Graduations all on the books. It is so important that whanau come along and help us celebrate the year that was.

- Paenuku This Wednesday 6<sup>th</sup> Dec 10am @ TBC
- Paerangi This Friday 8th Dec 6pm @ Maumahara (whanau tickets with Whaea Jackie)
- Paetata & Paetawhiti Next Monday 11th Dec 11am @ Whare o Paetawhiti

This week Paetawhiti (Year 9 &10s) will be off with Moana Futures Tues/Wed/Thurs...kinas on again!!

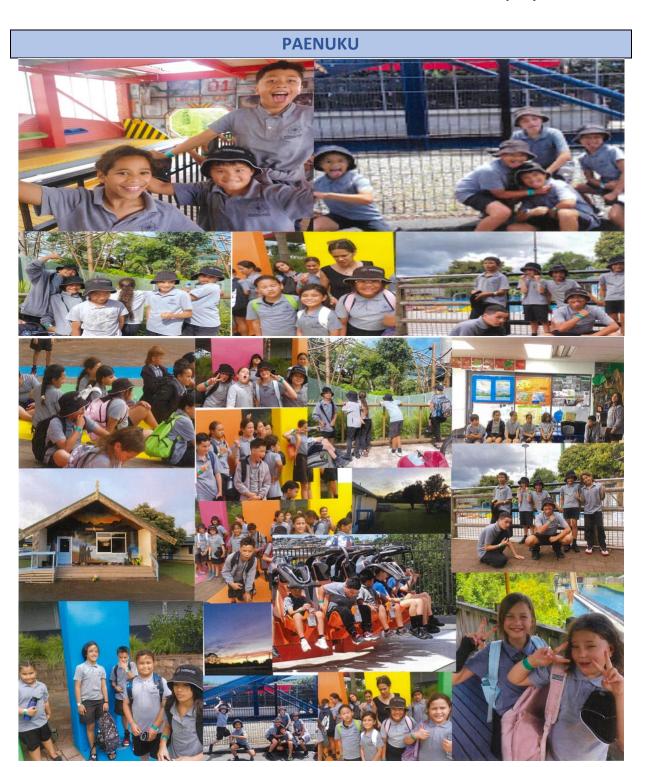
On the weekend a number of ākonga competed at the Iron Māori event in Tamaki at Okahu Bay. It had been cancelled due to the sink hole that formed earlier in the year but at the last minute they decided to run the event and our kura stepped up and sent down 4 teams. Only Kura there!!! And again, one of our teams took out first place in the team event...up against adult teams...**TKW!!!** 



Congradulations - Natalie (bike), Locklyn (swim), Kahuroa (run)....absolutely outstanding!!!

Naku noa Whaea Rae





Te Haerenga o Paenuku ki Tamaki Makaurau 2023

I haere mātou ki Tamaki Makaurau ki te Zoo, Rainbow End me Kelly Taltons. He rawe ki a rātou te haerenga. Ngā mihi ki ngā kaimahi kātoa me te roopu tautoko. Ko ngā pikitia e whakaatu ana i ngā kupu kotahi mano



### PAETATA/PAETAWHITI

# PAETATA ME

Kia Māori: We validate Māori knowledge and validate Māori ways of learning. We have a strong sense of identity.

Kia Mātau: We empower our ākonga to develop their approach to learning that will allow them to achieve goals that they set themselves.

Kia Tū Rangatira Ai:
We provide an
environment for the
development of strong
character and personal
excellence so that
akonga understand
how to conduct
themselves honourably
in the world.



THIS WEEK WE HAD A VISIT FROM GEVA, THE ART SECIALIAST AT HUNDERTWASSER CENTRE. WE SPENT SOME
TIME THERE LAST TERM MAKING ART AND SHE CAME TO DELIVER IT ALL TO US. SHE SPENT SOME TIME COMPLIMENTING THEIR EFFORTS AND CATCHING UP WITH EVERYONE.
THE HUNDERTWASSER BUILDING IS SUCH A GREAT PLACE TO MAKE





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ON TUESDAY WE HAD KI O RAHI WITH NGĀTIHINE. THIS HAS BEEN OUR 4TH SESSION WITH THEM AND ĀKONGA ARE GETTING MORE AND MORE SKILLED AS TIME GOES ON. THIS WEEK WAS FAST PACED AND TEAMS GOT LOTS OF RUNNING PRACTISE. NEXT WEEK WE ARE PLAYING ANOTHER KURA SO WATCH THIS SPACE.



### FINAL RFL FOR THE YEAR!!

ON THURSDAY STAFF LOUIS PUT ĀKONGA THROUGH THEIR RFL RUN, PRESS UPS AND BURPEES. WE HAD 28 ĀKONGA PARTICIPATE. IT WAS GREAT TO SEE EVERYONE GIVE IT A GOOD SHOT. THERE WERE LOTS OF IMPROVEMENTS MADE AND STAFF LOUIS STRATEGY TO GET ĀKONGA WATCHING THEIR TIME AND RUN ACCORDINGLY PAID OFF. THIS TIME 13 ĀKONGA PASSED RFL. EVERYONE WAS REWARDED WITH AN ICEBLOCK AT THE END, THANKS TO GEVA WHO LEFT BOXES WITH US AFTER HER VISIT. CONGRATULATIONS TO ALL ĀKONGA WHO PARTICIPATED.

### Nā Whaea Petina



# Iron Māori 2023





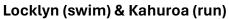


Taaku Tai (swim)

Cruize (run)

Tyreece (bike)







Taimana (swim) & Natalie (bike)



Well, what a weekend, what an event, and what amazing tamariki. Alarms set for 5am by some extremely keen young men, but not so keen when the alarms went off, or actually being able to sleep through them. Our two young ladies, Holly and Tia led the pack: out of bed at 6am, showered and dressed and ready to go at 6.30am. Taimana and Natalie not so much, but they did manage to hit the mark by 6.45am, and buffet breakfast with the other two girls, myself, Whaea Kay and Tyreece. The tama, well let's say that still being in the shower at 7am, and bags not packed did no lend itself to getting a breakfast, before we had to climb into the vans and head to the Iron Māori start, finish and transition zone.

When we arrived at the Iron Māori zone, it was about getting prepped and ready. We had done the bikes the night before and put our numbers on helmets. The bikes were stacked and ready to go. Reality was starting to sink in for all the tamaiti. We went and sussed out the water. Flat with a pull. Time to put swimsuits on and their ankle bracelets. Time to put their numbers on their TKW shirts and move to the transition zone for their briefing.

Briefing and karakia completed and the swimmers moved across the road to get ready to start their 500m swim. 9am saw the swimmers and cyclists start. Holly, Tyreece and Natalie began their cycle, while Taaku Tai, Locklynd and Taimana moved slowly forward as the swimmers were set off in groups of 25. And off they went, the three of them striding out into the cold water. Today there was no, "it's too cold," or "I'm going to take my time getting in" that I heard before training sessions at the Aquatic pools. Today it was the business end of all those weeks of training.

Taaku Tai was the first TKW swimmer out. Great time, and he swam past a lot of swimmers from the group before him. A walk in the park. Locklynd was out next. He was one very proud tamaiti, who I think surprised himself with not just the swim, but how quickly he had swum. Passing other swimmers is definitely a bonus. Taimana made her way out to cheers and clapping with a great swim. Her goal was to hit a pace, stay with it and swim the course. She made herself and us, proud.

Back up to the road to catch our cyclists as they whizzed past and see off the runners. Kahuroa, Kruize and young Tia who had picked up the mantle when a runner had pulled out. We have to take our hats off to Holly and Tia who both put their hands up and stepped up to fill their code spots. Sorry couldn't find photos of the two of them for this panui....but we will by next week!!!

Tyreece set himself a blistering pace and dug deep. Natalie tried to hide every time she came passed us, and kept at it, and our young Holly made friends around her circuit. She has left an indelible mark on quite a few cyclists she cycled beside.

There was confusion for the runners, including Kahuroa and Kruize, who unfortunately lost time before being set on the right track. Kruize hit his form and was out front of all the runners but confusion by the organisers meant he and a few others caused the lead runners to end early but after getting his bearings he was away again. Kahuroa was on fire, he was fast! . Tia pushed through, and despite feeling the distance a few times, she kept at it, right through to the finish line.



All our tamariki started and finished and for that they should be proud of themselves. Some had amazing times, and where the competitive nature of any competition, brings out another cog and gear. They were awesome to watch, and to see how proud they were when they came back from the finish line with their medal around their necks.

Then it was prize giving: first place for overall team event - **TKW 4. Locklynd, Natalie and Kahuroa**. What an accomplishment. Three extremely proud tamariki. Of course, a photo session, and then it was climbing into the van for the trek home. Three teams of tired tamariki, who now just wanted Burger King and to get home.

Matua Rua, great run. Thank you for the hard yards from the paperwork, the accommodation, bunking down with 5 teenagers (no mean feat, but you made it through the night), through to the grey hairs when someone pulled out. Whaea Kay, thank you for the awhi for our tamariki, and for being a van driver. The bikes will be forever grateful, and so will our tamariki. Your calm presence, and your awhi is awesome to be around.

And to our all our ākonga - you were, and are, all amazing. This has shown you what you can do, and where through resilience you kept going right to the end. In 2024 here we come - again: stronger, fitter, faster and individual competitors across the 3 disciplines. Why not?



### Ngā mihi

Whaea Karen.



### **Academy**



Tēnā koutou ngā whānau o Paenuku Disco/Pokanikani!

HOAKE TĀTOU!!! E whai ake nei ko te pokanikani o te tau, Nau mai haere mai!!!

LET'S GO!!! The annual dance event is just around the corner! Welcome and join us!!

We need your support to send our cadets to ITALY 2024, where they will retrace in the footsteps of the 28th Māori Battalion and commemorate the sacrifices made 80 years ago at the Battle of Monte Cassino.

What: Italy Fundraiser Disco

When: Wednesday, December 6, 5:30 pm - 8:30 pm

- Ages 1-4: 5:30 pm 7:00 pm
- Ages 5-8: 5:30 pm 8:30 pm

Where: Paetawhiti – TKW Cost: \$10 tickets (includes a free goodie bag and sausage sizzle)

You can also purchase \$15 and \$20 tickets for store credit.

**Theme:** Camouflage (Camo)

Bring your children to our Italy fundraising Disco event! The evening will be packed with games, dancing, singing, spot prizes, and more. It's a family-friendly event, so feel free to bring extra kids. Spread the word and bring your little ones!

For parents with children under 8, we encourage you to stay at the disco. A designated parent area (Mātua kaputi space) will be available throughout the night.

**Ticket System:** Purchase food, drinks, and goodies at the disco using our ticket system. A \$15 ticket includes entry and \$5 credit for the store, and the same goes for \$20 tickets. Any remaining credit will be refunded to families.

Come and join us for a night of fun and fundraising! Dance, enjoy, and support our cadets' journey to Italy. Welcome, families! ...........Nā Staff Louis



# WHĀNAU, PLEASE NOTE

### Our kura has high expectations of ourselves and ākonga therefore we need to:

- 1. Turn up regularly, consistently and engage with what we have to offer
- 2. Turn up awake whanau please monitor and manage the late-night device use
- 3. Turn up in uniform/clean/ironed they can do at Kura if need be
- 4. Turn up showered again we have the facilities if you need them
- 5. NO rat tail hair this is nothing but a teen trend and goes against our standards

We are looking to progress akonga who reflect high potential in:

- Kia Māori
- Kia Mātau
- Kia Tū Rangatira

Ākonga who are also well rounded in terms of their own hauora therefore:





Healthy kai (provided) and Wai Māori are the only acceptable kai allowed at TKW. Unhealthy kai such as pies, fizzy drinks, chocolate, lollies and gum, McDonalds, KFC will be confiscated and replaced with healthier kai options and returned to ākonga after school

Please ensure that your tamariki has a clean and named water bottle with them each day.

# Our Kura supports Healthy Kai & Wai Māori



Phone: 099559996



As part of the merge process Te Kāpehu Whetū has been working with SchoolDocs to create a website for our policies and procedures. We are excited to announce that the site is now live and available to our school community.

All Te Kāpehu Whetū policies and procedures are **currently under review.** The Education Review Board (ERO) highlighted 6 areas which they are focussing on in all kura and these are the areas we are looking into with high priority. We are currently reviewing all policies related to emotional wellbeing of students and physical wellbeing of students (including EOTC) We will continue to update our whanau with important information in regard to our policies.

We work with SchoolDocs to maintain, update, and review our policies. SchoolDocs provides us with a comprehensive core set of policies, which have been well researched and align with the National Education and Learning Priorities. The policies and procedures are tailored to our kura, and policies have been worked on in conjunction with Te Kāpehu Whetū staff.

SchoolDocs updates, modifies, or creates policies in response to changes in legislation or Ministry guidelines, significant events, reviews/requests from schools, and regular reviewing from the SchoolDocs team. Our school board can view changes/additions and comment on them before they are implemented.

We invite you to visit the site at https://tkw.schooldocs.co.nz

Username "tkw"

Password "kiamaori".



# **Important Dates:**

Moana Futures Paetawhiti (Yr 9 & 10) Tues/Wed/Thurs 5, 6, 7 Dec

Paenuku Prize-giving Wed 6<sup>th</sup> Dec @10am

Graduation Dinner (Academy, Yr 10, 11, 12 kōhine) Fri 8<sup>th</sup> Dec @ 6pm

Paetata/Paetawhiti Prize-giving Mon 11<sup>th</sup> Dec @ 11am

End of Year 2023 12 Dec

2024

First day back for whole Kura 7 February 2024