

TE KĀPEHU WHETŪ

# PĀNUI Term 3 Week 1

27/07/24

## TE KĀPEHU WHETŪ

**Kia ora e te whanau o Te Kāpehu Whetū, nau mai, haere mai, hokinga mai....**

### **Week 1 - Wāhanga 3:**

1. Powhiri whakatau – done
2. Paenuku akomanga allocation – done
3. First RFL for Tuakana - done
4. Aims training for Paenuku - underway
5. Paetata/Paenuku kapahaka prep for 2024 regionals– underway
6. Iron Māori training – underway
7. Ngā Manu Kōrero 2024 practice - underway
8. Academics Year 1 - 13 – underway

This week we are proud to have 3 ākonga rep us at Ngā Manu Kōrero, Northland College.

**Tyrece Tuhiwai-Wharepapa** - Tā Hemi, Bilingual section - Tuesday

**Taihoronukurangi Porter-Lloyd**– Korimako, Senior English - Wednesday

**Morgan Chiondere** - Sir Turi Carroll, Junior English - Thursday

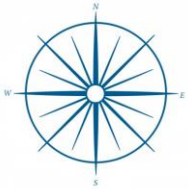
**Please Note:** because of the Ngā Manu Kōrero session on Thurs we have moved our **TKW Whanau Hui – to next Tuesday 6<sup>th</sup> August, Maumahara at 5.30pm** (unless raining then we will move to Paetata in 183)



Kia a pai tou wiki

Ngā mihi

**Whaea Rae**

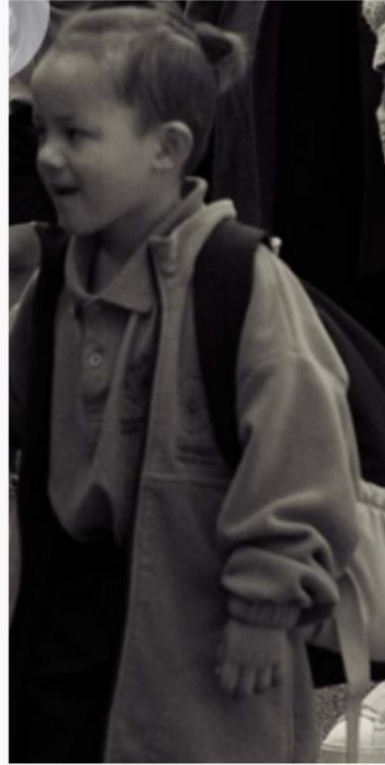


TE KĀPEHU WHETŪ

# PĀNUI Term 3 Week 1

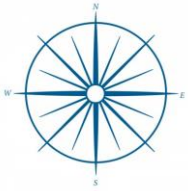
27/07/24

## PAENUKU



*PAENUKU  
Wahanga 3,  
2024*





TE KĀPEHU WHETŪ

# PĀNUI Term 3 Week 1

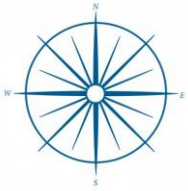
27/07/24



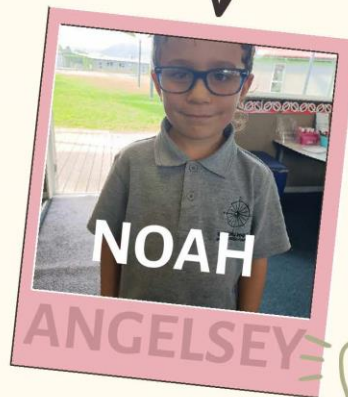
## Te Hokinga Mai...

E ngana ana tātou ki te whakatāuria i a mātou ki ngā tikanga o te whare. Kia Paenuku Wānanga, kia Paenuku Huhua!





Mauriora e te whanau. ...Ko  
**ISABELLA HINEMAIA  
ANGELSEY**



He tino pai te hūnuku mai ki tēnei rohe. I tae mai ahau i Taranaki, Te Kāhui Maunga. He tau 6 ahau. E ngākau nui ana ki ngā awenga Māori tuku iho.

Ko Noah Angelsey tēnei. Ko ia taku tungāne. E 6 ana tau. Kei roto ia i Tū Ahiahi. E tino pai ki te oma, ki te takaro whutupāoro hoki. E ngākau nui ana a Noahj ki te tuhituhi me te karakara pikitia.

## TŌKU TOHU TAPU

Te Kāhui Maunga  
karanga mai rā

## TAKU TINO UARA

HE MEA NUI KI AHAU

TE AROHA TĒTAHI KI TĒTAHI

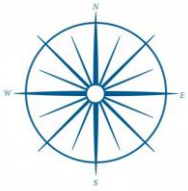
ME TE

WAIARO WHAKAITI

TĒNA KOUTOU KATOA

## NGĀ TAE PAI KI AHAU





## W3 KAUPAPA MATUA RANGATIRA

01



### KO TE AHA???

E whakaoho ake ana i ngā āhuetanga o te rangatira ki roto ki tēnā, ki tēnā o wā tātou tamariki.

Kia māia nei ki tāna e hiahia, e manako, e wawata nei ki tōna ake ao.

NAU MAI E NGĀ RANGATIRA ONĀIA KI TUA

### AUAHATANGA

Te rāranga ake i ngā aweawenga ōnanahi ki ngā haepapa nui o ēnei rā.

Te whakarautaki he huarahi auaha hei oranga mā ngā akonga.

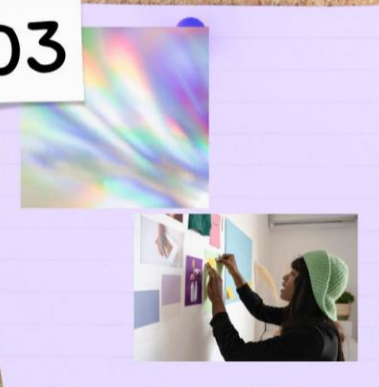
02

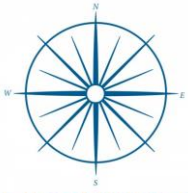


### PUTANGA HUA

Te tuitui i ngā akoranga hei painga, oranga mā te Mātau Ahumoni me ngā kohinga kōrero, whakaaro rangatira tā tēnā, tā tēnā akonga.

03





TE KĀPEHU WHETŪ

# PĀNUI Term 3 Week 1

27/07/24

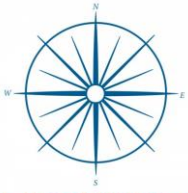
## PAENUKU HAUORA

**Kia Ora Whanau,**

- **Scabies and Head lice** are crawling around the north and we ask if you can check your tamariki regularly, please.
- **Strep Throat, Sore throats, Vomiting, and Gastro** are present during the winter season, Please keep warm, dry and hydrated whanau.
- **Nurse Madison** - We have information available and if you would like to speak to our Health Nurse who comes into the kura every Tuesday morning 10am. Please make an appointment with Whaea Karlene or Whaea Sam.

**Health n Safety Reminder** – Please if you need to drive down the driveway SLOW DOWN and park at the back of TKW not in Mokopuna Carparks.





## SCABIES

**What is scabies?**  
Scabies is caused by tiny insects that burrow along in the skin, laying eggs as they go. Above the eggs, small blisters form, surrounded by red patches – these are very itchy.

**Why is it important to treat scabies?**  
Scabies will not go away without treatment

- Scratching a lot can lead to serious skin infections.
- Untreated skin infections can lead to kidney and blood infections.
- People who have scabies for a long time can get permanent scarring of the skin. Children scratching a lot find it hard to concentrate and learn.
- Preschool and school teachers can ask that children with untreated scabies be kept at home.

**Who gets it?**

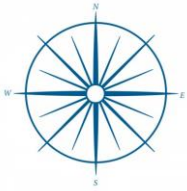
- Anyone! Even the cleanest people get scabies.
- Washing in soap and water or swimming in the sea will not prevent or cure it.

**How do you catch it?**

- Scabies spreads easily to other people in the family and to their friends.
- Scabies spreads:
  - by close bodily contact, eg, holding hands, hugging, sleeping together
  - by sharing clothes and bedding.
- Scabies does not live in furniture or carpets.

**How do you know you have it?**

- Scabies causes a very itchy rash that is worse at bedtime or when you are warm.
- The rash is caused by the scabies mite laying eggs. Small blisters form, surrounded by red patches.
- You may first notice the rash: between fingers, on the wrist, inside elbows, around the waist, on the bottoms, or on private parts.
- If someone in the family has scabies, others may have caught it without noticing a rash or itch.
- If you are not sure if you have scabies, talk to a health professional.



## GET RID OF SCABIES

### 1

#### The Scabies Mite

... gets in your skin and makes you scratch



### 2

Show the rash to a health professional



### 3

On the same day ...



Buy cream from the pharmacy for everyone in the house (see over the page for information about exceptions), or see the doctor for a prescription

### 4



Wash everyone's clothes and sheets in hot water

### 5



If you can, have a bath or shower at night time

### 6

Rub cream all over the body, from the chin down. Treat everyone in the household on the same day.



### 8

The next morning ...



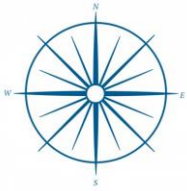
Have a bath or shower and put on clean clothes

### 7

Go to bed







## How to treat scabies

Everyone living in the house should be treated at the same time even if they are not itchy.

- You will need a special cream or lotion which is available on prescription from your doctor, or which you can buy from a pharmacist.
- Children under two years old and pregnant women might have a different treatment and so you should see a doctor first for advice.

### It is best to treat just before going to bed

Scabies will not go away without treatment

1. First have a bath or shower.
2. Then cover the whole body with cream/lotion, from the chin down to the soles of the feet, in between the fingers, under the nails, on the scalp, neck, face, ears and private parts.
3. The cream/lotion must be left on overnight.
4. If you wash your hands within this time, it is important to put the cream/lotion back on your hands.
5. Next morning, have a bath or shower and wear clean clothes.
6. To stop scabies from spreading:
  - All clothes worn against the skin in the last week must be washed in hot water.
  - If clothes cannot be washed, dryclean them or put them in a sealed plastic bag for four days to kill any scabies.
  - Sheets, pillowcases, towels and facecloths should be washed in hot water. It is not necessary to wash blankets, duvets or quilts. You can hang them out in the sun for a day.
  - Your doctor or nurse may advise you to repeat the treatment.

- The itchiness will not go away as soon as the treatment is finished.
- This does not mean that it has not worked. It might take up to four weeks for the itch to go away.
- During this time, you can ask your pharmacist about what is suitable to help the itch.
- One treatment should be enough to cure scabies. If you still have the rash and itch after four weeks, see your doctor. There are other treatments for scabies that only a doctor can prescribe for, or the rash could be something else.

### Prevention

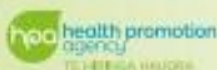
- Children should not attend school or preschool until 24 hours after the first treatment.
- Don't share a bed or clothes with someone who has untreated scabies.

### More information

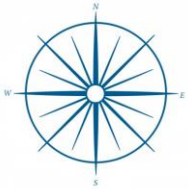
- Some people may wish to use other remedies. Ask a health professional for advice.



New Zealand Government



This resource is available from [www.healthed.govt.nz](http://www.healthed.govt.nz) or the Authorized Provider at your local DHB, New Zealand. Revised May 2011, 08/2020. Code HED101



## PAETATA/PAETAWHITI



### What's been Happening This Week?

### WEEK 1 TERM 3

#### Wiki Tautahi

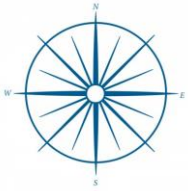
Tēnā tātou e te whānau, nau mai anō ki tēnei wahanga hōu nei. Ko te manako, i pai te hararei ki te taha i o koutou tamariki. He wahanga kīkī rawa kei te haere no reira me mau kaha koe ki tō tūru.

Welcome to week 1 of term 3, after a very busy term 2 and a well deserved holiday break, we are ready to get back into learning action this term.

Paetata will be guided by Ngāpuhi Kowhao Rau, looking at mahi māra, Maramataka and local histories kōrero around maunga, pā sites and sites of significance to Te Parawhau.

Paetawhiti will be looking at future proofing through career highlights, university and whare wānanga kaupapa, as well as what is happening technologically on and in the Moana.





# PĀNUI Term 3 Week 1

27/07/24



Week 1 started off with a very full powhiri in Maumahara to welcome our new ākonga and those who joined our Paetawhiti whare, we go will be under the watchful eye of of Whaea Petina and Whaea Serena. Nau mai haere mai.

R.F.L kicked off our week, as we usually do, where ākonga go against their previous times last term, hoping to better their score and times each term.

Ākonga start with a 15 minute timed run, then move onto however many press ups they can do and to finish off they must hold a plank for as long as they can and up to 2 minutes.

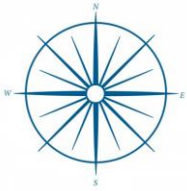
Congratulations to those who did better than their last term scores.



## Reminders:

Kapa Haka: for Paenuku and Paetata ākonga will be every Monday and every Wednesday 1-3pm, down at tuakana in Paetata whare.

Uniforms: please ensure your child has the correct school uniform and P.E uniform.



TE KĀPEHU WHETŪ

# PĀNUI Term 3 Week 1

27/07/24

## NGA MANU KŌRERO

Ngā Manu Kōrero is regarded as the most significant event on the Māori education calendar for nurturing the oratory skills and providing the stage for young people to express their views and to lay down their challenges to an admiring and critical audience of peers, parents, whānau and judges.

The speech contests are intended to encourage the development of skills and confidence of Māori students in spoken English and te reo Māori. Currently there is a strong sense of urgency within our communities to protect our indigenous Māori language so that it can be spoken and heard and understood across the current and future generations of Aotearoa New Zealanders.

The commitment to ensure the survival of Māori language as a living, spoken and dynamic treasure is captured within the essence of Ngā Manu Kōrero. This kaupapa is precious and dear to each of us because it celebrates who we are as a nation. Ngā Manu Kōrero is about honouring the special and unique existence of being Māori and of sustaining our connections to the Māori world in all its glory.

*Miriama Barton, Kaihautū Māori Nga Manu Kōrero*

Tai Tokerau Ngā Manu Kōrero competition will be held next Tuesday Wednesday and Thursday in Kaikohe. This year, we have 3 speakers competing. They are,

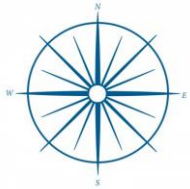
**Tyrece Tuhiwai-Wharepapa** - Tā Hemi, Bilingual section  
**Taihoronukurangi Porter-Lloyd** – Korimako, Senior English  
**Nia Chiondere** - Sir Turi Carroll, Junior English

These ākonga have been working hard to learn their speeches and we are excited to see them compete at this year's Ngā Manu Kōrero speech competitions.

We wish them all the best and can't wait to see them strut their prowess next week.

***“Ko te kai a te rangatira ko te kōrero.”***





TE KĀPEHU WHETŪ

# PĀNUI Term 3 Week 1

27/07/24

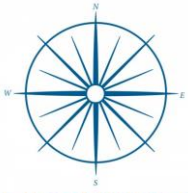
## TUAKANA REMINDERS

### Kia ora e te whanau

Welcome to the mid way mark, half way through the school year. Below are a few reminders for whanau about our tikanga to help keep

- Our whare doors open at 8.30, please if possible do not drop your tamariki off before this time. We cannot guarantee staff will be available to supervise and it is rather chilly in the mornings outside.
- Please make sure your child comes to school in the correct uniform. In general, our uniform looks pretty good, but there is always room for improvement. If boys are choosing to wear long pants, they need to be dress pants please, girls can wear black stockings to help keep them warm.
- **PE Gear** – Ākongā need to bring their PE gear to kura every day. The PE shirt can be purchased from the tari. If ākongā do not have the PE shirt a plain black t shirt is acceptable. The shorts also need to be plain black. Although the boys school uniform shorts are black we would appreciate it if they could change into black shorts more suitable to physical activity.
- **Cellphones** are not allowed at kura during school hours. If you wish for your child to have a phone with them so they can contact you after school they need to hand it in to the office at the start of the day and then collect it after kura. Students seen with cellphones during the school day will have the phone confiscated and it will be handed in to the office where it can be collected at the end of the day. If a student refuses to hand over the phone we see this as defiance and we follow our behaviour management process.
- During the school day your tamariki are the kura's responsibility. If they need to leave for any reason we need whanau to please let us know, via the tari. This also includes leaving kura early. Student safety is a top priority and knowing where our ākongā are is a key part of this.





TE KĀPEHU WHETŪ

# PĀNUI Term 3 Week 1

27/07/24

## PAERANGI

Our senior ākonga are starting to look out to the horizons and find opportunities to grow their future pathways and prospects. We have ākonga on work experience, starting apprenticeships, attending courses, practising for their drivers license and preparing CVs.

We still have the day to day business of focusing on improving our literacy, numeracy and te reo skills as well as improving our fitness.

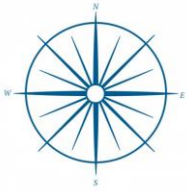
We would like to wish all the best to Tyrece and Taihoronukurangi for their stand in the Tai Tokerau Nga Manu Kōrero competition next week. They have invested a lot of time and effort into this kaupapa and it was been great watching their skills and confidence grow.

We encourage Paerangi students to take every opportunity in front of them, some might be challenging, and some might not always bring the success that you hoped for but, they all help you grow and learn and progress.

You won't regret the things you did.  
You'll regret the things you didn't do  
when you had the chance.

Nga Mihi,

Matua Ropata & Whaea Brenda



TE KĀPEHU WHETŪ

# PĀNUI Term 3 Week 1

27/07/24

## TUAKANA HAUORA

Our Year 9-13 boys have kicked off their boxing training for the term. This is a great way for them to build strength, discipline, and resilience. As well as boxing, all our ākonga are diving into a packed training schedule to get super fit and healthy. Improving our hauora through developing positive physical activity habits is hugely important. This hard work will also help us get ready for the IronMāori event next term, where our students are sure to shine.

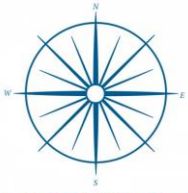


A reminder also to all ākonga that they need to bring a change of gear for PE and training sessions every day. The uniform is a PE shirt or black shirt, and black shorts. Being prepared and dressed appropriately will help us all stay focused and on track.

Our Year 13 PE class has been looking at the relevance of BMI (Body Mass Index) and the narrow window that defines a healthy weight range. This is part of our preparation for the achievement standard we've just begun, which involves identifying a health need and then taking action to promote physical activity. With a particular focus on our Māori population, the class has found the topic to be both interesting and engaging, with students actively participating in discussions and gaining valuable insights.

Ngā manaakitanga.  
Matua Rua Paki





TE KĀPEHU WHETŪ

# PĀNUI Term 3 Week 1

27/07/24

## ATTENDANCE

### PLEASE NOTE:

The Government has set a target of 70% regular attendance for every student each term for 2024.

Attendance is linked to both student wellbeing and to attainment. Ministry of Education insights studies show that attending kura regularly is, on average, associated with more positive wellbeing outcomes. Attendance is also linked to student attainment especially in secondary students.

We understand that there are valid and important reasons for ākonga to be out of school at times and this is ok but please let the tari know when and why your child is absent.

**Tari Year 7-13** ring Whaea Jackie: (09) 955 9996

**Tari Year 1-6** ring Whaea Sam: (09) 438 8033

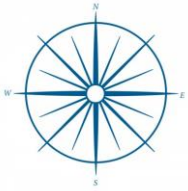
### Automated text notification of absence

We have reinitiated our automated text message system for absences this week. If your child is marked with an unknown absence in the morning an automatic text message is sent to the primary caregiver(s) to notify them.

Thank you very much to all whanau who have responded to these texts either by replying or contacting the office. This has made a significant difference to the number of unjustified absences we have.







TE KĀPEHU WHETŪ

# PĀNUI Term 3 Week 1

27/07/24

## POLICIES

Te Kāpehu Whetū has worked with SchoolDocs to create a website for our policies and procedures.

The school works on a subscription basis with SchoolDocs to maintain, update, and review our policies. SchoolDocs provides us with a comprehensive core set of policies, which have been well researched and align with the National Education and Learning Priorities. The policies and procedures are tailored to our school, and the school supplies specific information such as our charter, and procedures for behaviour management, reporting to parents, etc.

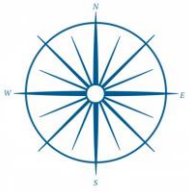
SchoolDocs updates, modifies, or creates policies in response to changes in legislation or Ministry guidelines, significant events, reviews/requests from schools, and regular reviewing from the SchoolDocs team. Our school board has the opportunity to view changes/additions and comment on them before they are implemented.

We invite you to visit the site at

**<https://tkw.schooldocs.co.nz>** (note that there's no "www.").

Username is "**tkw**"

Password "**kiamaoiri**".



TE KĀPEHU WHETŪ

# PĀNUI Term 3 Week 1

27/07/24

## KEY DATES

### Term 3:

Tues 29<sup>th</sup>- 31<sup>th</sup> July

Nga Manu Kōrero

**Tues 6th August**

Full whanau Hui - 5.30pm @ Maumahara

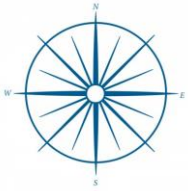
- TKW kaupapa
- Whare Plans for Term 3
- Charter School information

Wed 14<sup>th</sup> August

Nga Pu Kōrero

Sun 8<sup>th</sup> -13<sup>th</sup> Sept

AIMS Games (Paetata)



## KAUPAPA



We believe passionately in our culture, our people, our ākonga, and we know that through hard work, commitment, and focused support they will achieve within the Kura and beyond. We do this hereby acknowledging the 28 Māori Battalion and the price paid for citizenship, so that ‘we’ can “Navigate Māori Futures”.

To do this we commit to success in all its forms:

**Kia Māori - Be Māori – Be**

An education that validates Māori knowledge and ways of learning.

**Kia Mātau – Be Knowledgeable – Know**

Encouraging innovation, inquiry, the development of specialised knowledge and skills.

**Kia Tū Rangatira Ai – Be Rangatira – Do**

Development of strong character and personal excellence, living with mana.

Nā

Raewyn Tipene

POUHERE