

TE KĀPEHU WHETŪ

PĀNUI Term 3 Week 5

24/08/24

TE KĀPEHU WHETŪ

Kia Ora e te whanau o Te Kāpehu Whetū,

As you will see from this week's panui we are full on once again!!!

We have plenty of mahi on the go with our day to day Kia Māori and Kia Mātau programmes bedding in as the year progresses, ensuring that ākongā from Year 1 to Year 13 are confident in themselves as Māori and work towards lifting their academic capability in the core subject areas

Kia Maori:

Down at our Tarewa site, Paenuku are locking down kaupapa and Te reo Māori foundations. As well, their prep for the primary kapa haka regionals in Kaikohe on 19th Oct has started.

While up at our Hihiaua site, Paenuku/Paetata (Years 5-8) are well underway with training.

KAPAHAKA IS ON!!!

Kia Tū Rangatira Ae:

As you can see on the opposite page, the TKW Market day down at Paenuku, is on Thurs 5th Sept. Our ākongā and Pouako down at Paenuku are prepping their products and learning about entrepreneurship, financial literacy, via the process.

Please put this in your diary and tell whanau and friends to come on down and buy...buy....buy!!

While up Tuakana, work experience at the North Tec Trades day was enjoyed by Paetawhiti, and our Paerangi achieved driver's licences and then went off to the Beast Run end of week....

Im getting tired just writing about it allwhew!!!

Kia Mātau:

On both sites and across all four whare we continue progressing ākongā in cores subject areas. While NCEA achievement is the focus for Paerangi ākongā from here in....

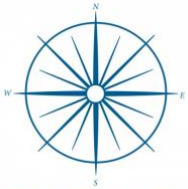
PLEASE NOTE: PAERANGI WHANAU: Hui Whakapiki - come in to discuss progress of your child

Tues 3rd September - Hui Whakapiki 3.15 - 7.00pm

Kia pai tō wiki

Ngā mihi

Whaea Rae

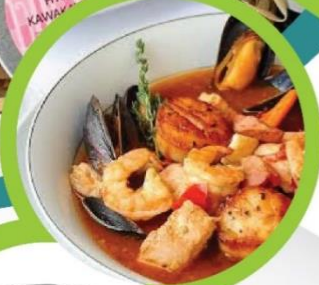


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NAU MAI HAERE MAI KI PAENUKU



TE KAPEHU WHETU MARKET DAY

SUPPORT ALL OUR TAMARIKI WITH
UPCOMING EVENTS AND BUY OUR...
DELICIOUS KAI, POSTERS,
BEAUTIFULLY DESIGNED AND
CRAFTED TĀONGA
WE HAVE PANIPANI, RONGOĀ,
WHAKAKAI, BEESWAX WRAPS
AND LOTS OF BAKING...
So much more...

KAUPAPA MAHI

- RANGATIRA
- FINANCIAL LITERACY
- ENTREPRENEURIALSHIP

Event Starts on:
THURSDAY

5 SEPTEMBER 2024

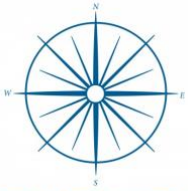
11AM - 2PM

78 TAREWA ROAD
WHANGAREI



**BRING LOTS OF
CASH**

Contact Us
09 4388033



PAENUKU



Te Kāpehu Whetu

PAENUKU
- E MIHI NEI, E TAU
NEI

*Kia māori, kia mātau,
kia tū rangatira ai...*

‘Anō te pai te āhuareka o te noho tahi a ngā teina
me te tuakana ki raro i te whakaaro kotahi’

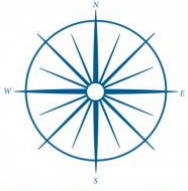
(How wonderful it is for us all to be gathered with one purpose in mind)

He nui ngā wānanga kua
whakawhārikihia ki roto i te whare o
Pāenuku i roto i tēnei wahanga. Ko ngā
whakaakoranga mahere ako e kaha taki
hāere ana huri noa, kō ngā mahi
whakariterite mo ngā rangi māketete te
hāere ake nei, ko te reo rangatira tā
mātou e whai nui nei, hei āpiti atu ki
ōna tikanga tuku-iho mai e hoe kaha
ana te waka o Pāenuku wānanga,
Pāenuku huhua.



Ko te aronga nui i ngā wā katoa ahakoa
he aha te kaupapa o te wā
- ‘Kia Māori, Kia Mātau, Kia Tū rangatira
ai’.





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Poitūkohu

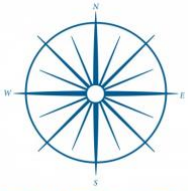


‘Waiho i te toipoto, kua i te toiroa’
- (Let us keep close together, not far apart)

E hāere tonu ana ngā mahi whakapakari poitūkohu, e tākaro tonu ana ngā kēmu ia ahiahi o te weneri / rāapa ki te McKay Stadium ki Kensington. Tēnā tirohia te pāe imeera, whakapā atu ki te tari rānei ki te kimi whakamārama anō koe. - Basketball is still a buzz, games are still being played each Wednesday afternoon at the McKay Stadium, Kensington. Keep checking your emails for those updates or get in touch with our office if you require any further details.

Kia mahara mai- Reminder:

He paku whakamaharatanga kia tātou, Just a gentle reminder e te whānau, please remind our tamariki upon arrival that they must locate their coach and team and stay together for warm ups and game times. If you can see coach needs a hand, awhi mai awhi atu e te whānau. All for our little budding super stars.



Te Pou Theatre - 'Te Hokinga mai o Hoihō'

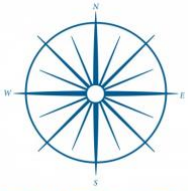


I tēnei wiki tāe mai ai te kāhui kaiwhakaari o Te Pou Theatre ki te whakangahau, ki te whakaatu mai kia mātou i ngā kōrero tuku iho o te pakiwaitara 'Te Hokinga Mai o Hoihō'. Nō mātou te whiwhi i whai wāhi mai ēnei matanga ki ēnei mahi ki te whakarawerawe ia mātou ki ngā kōrero katakata, me ngā kōrero tuku-iho ki roto i ngā whakatauki rongonui i whakamahia e rātou ki roto i tō rātiu nei whakaari. Kā nui rā ngā mihi ki te kaupapa me te tino rangatira o ngā mahi i tuku. Kei runga noa atu!!!

'Kia mau ki te korowai o Rongo' (Holdfast to the cloak of Rongo)



"ME HE NGĀKAU TOHORĀ
(LIKE THE HEART OF A
WHALE'



NGĀ MAHI MĀKETE

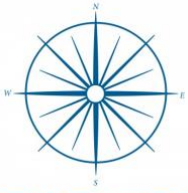


NGĀ MAHI AKO



E HĀERE TONU ANA NGĀ MAHI AKO Ā MARAU NEI KI ROTO I NGĀ AKOMANGA. E KAHA WHAKAPAKARI TONU ANA TĀTOU I NGĀ TUWHAIĀHUATANGA KATOA E PĀ ANA KI TE MAHI KAPA HAKA, KI TE TŪ RANGATIRA ANŌ HOKI! CLASS ROOM LEARNING IS COMING ALONG WELL, ASWELL AS MARKET DAY PREPARATIONS. OUR TAMARIKI ARE ENJOYING THE TERM THUS FAR. KIA KAHA RĀ TĀTOU!





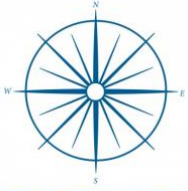
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HE NUI TE MAHI HEI WĀNANGA MA TĀTOU MO NGĀ MAHI
KAPA HAKA, I TĒNEI WAHANGA! KIA KAHA RA E NGA MAHURI
TOTARA O PAENUKU E TUPU KAHA NEI!





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TE PIRITAHĪ AI TĀTOU

HE IWI WHAKAKŌTAHI NEI I Ā TĀTOU I ROTO I NGĀ MAHINGA KATOĀ



POITARAWHITI KOTAHI ANA MĀTOU
KO PAETATA, KO PAENUKU...

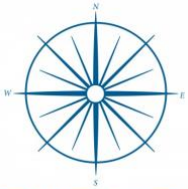


BEEP TEST



HARATAU ANA A
TAMARIKI KI TE OMA





TE KĀPEHU WHETŪ

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PAENUKU/PAETATA KAPA HAKA

Kia ora koutou,

We are drawing closer to the kapa haka regionals that take place in Kaikohe, on the 19th of October 2024 (**End of Week 1 Term 4**). To ensure our Year 5-8 roopu are able to stand with confidence in the Intermediate section, we have decided to increase the training days of kapa haka so we are ready to take the stage.

Below is the outline of the training schedule moving forward from here. It is important that your tamaiti/tamariki attend all trainings and come prepared, knowing every item, so that we can continue to progress with our bracket.

As always, we want to ensure that our kapa put their best foot forward. We have an exciting bracket with lots of new elements, and we will need each practice to perfect each item.

As the competition date approaches, we will send out another pānui outlining performance times and the travel schedule. This will include a list of items each tamaiti will need for the performance.

If you have any questions or queries, please don't hesitate to contact Matua Ropata, Whaea Hera, or Staff Louis.

Nō reira ka nui ēnei kōrero mō tēnei wā.

Ngā Kaiako Kapa Haka



Kapa Haka Training Schedule:

Week 6	During Kura hours Monday-Wednesday
Week 7	During Kura hours Monday-Wednesday
Week 8	No training due to Paetata being at AIMS GAMES
Week 9	During Kura hours Monday-Wednesday
Week 10	During Kura hours Monday-Thursday – LAST DAY Fri 27th

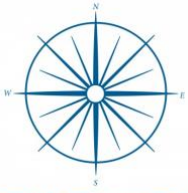
Week 1 Holidays Monday-Friday 9am-5pm at Kura

Week 2 Holiday **No Training**

Week 1 Term 4 During school hours Monday-Thursday

Week 1 Term 4 Friday Leave Kura for marae TBC

Saturday 19 October Primary/Intermediate Kapa Haka Regional Competition



PAETATA/PAETAWHITI



What's been Happening This Week? PAETATA & PAETAWHITI

WEEK 5 TERM 3

Wiki Tuarima

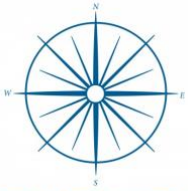
KIA ORA E TE WHĀNAU, NAU MAI WHAKATAU MAI KI TE KARERE TUARIMA O TE WAHANGA TUATORU NEI.

ANOTHER VERY BUSY WEEK IN THE PAETATA AND PAETAWHITI WHARE. PAETATA STARTED OFF THE WEEK WITH KAPA HAKA ALONGSIDE MATUA ROPATA, WHAEA HERA AND STAFF LOUIS. PAENUKU CAME TO JOIN AND ALL THE NEW ITEMS FOR THE BRACKET ARE COMING ALONG NICELY.

PAETAWHITI HAD A DAY OUT WITH NORTHTEC FUTURE TRADES WHERE THE YEAR 10 ĀKONGA GOT TO TRY THEIR HANDS AT A FEW DIFFERENT TRADES THAT COULD POTENTIALLY BE OPPORTUNITIES FOR THEM IN THE FUTURE.

AIMS TRAINING FOR PAETATA IS GOING WELL AS WE ARE IN THE LAST FEW WEEKS OF PREPARATION UNTIL AIMS GAMES 2024 IN TAURANGA.





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KAPA HAKA

Kapa Haka for Paenuku and Paetata from
 Week 6, will be on
 Monday 9.30 - 3.00
 Tuesday 11.30 - 3.00
 Wednesday 9.30 - 3.00
 Week 9 and 10, two full weeks
 9.30 - 3.00
 Week 1 of the school holidays
 Monday September 30 Friday October 4th
 9.00 - 5.00pm
 Week 1 Term 4, everyday until the performance
 day Saturday 19th October.



REMINDERS:

- Career Expo, taking place week 7 in Paetata and Paetawhiti whare, creating opportunities for our juniors to see what future careers they can venture into.
- Hui Whakapiki, taking place week 7, your Pouako will send out emails to confirm your time
- Aims Games gear list has been sent home via email
- TKW Market Day week 7, more info to come.

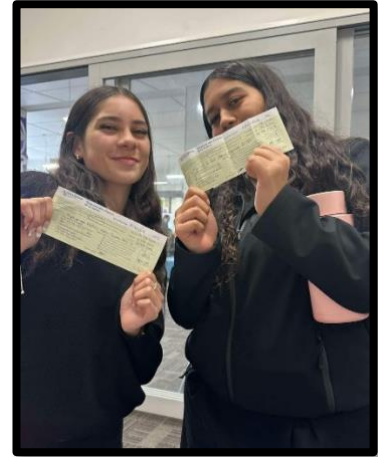


PAERANGI

A few highlights from our week:

Driver's License:

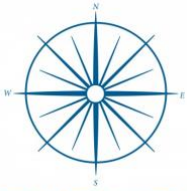
Narima, Taimana, Ngākupenga, and Te Rauhina all studied, and sat their Learner Driving License this week with great thanks to the Ngati Wai Trust. All 4 passed on their 1st attempt! Congratulations girls! We will be looking at another course for learners in Term 4, as well as courses to help those who have been on their learners a while and are ready to progress to their restricted.



Physical Education:

Part of our senior PE programme involves Paerangi ākonga taking their teina for physical activities. Our girls, in particular are doing well in this area and I would like to give special mention to **Natalie Maihi-Hansen** for her excellent leadership skills in this area. Her confidence, positivity, and likeable nature have all students participating with enthusiasm.





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The Beast Fun Run:

The Bay of Islands Beast is a 6.5km off-road, cross country event held annually around the end of August, the perfect time for the best mud.

The super tough course is held off road on farmland and includes a range of natural obstacles. Participants will be required to navigate swamps, rivers, fences, climb steep hills and traverse rugged uneven terrain. This was the

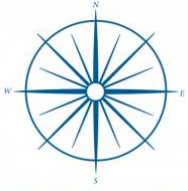
perfect opportunity to welcome **Michael Going** into the Paerangi whanau. The Year 11 class are working on an achievement standard which involves them demonstrating kōtahitanga during physical activity. Our Year 13 girls completed the course last year and were keen to give it another go and Kruize, well Kruize loves any type of running challenge available.

It was an excellent day, the boys took off at the start, only to be seen in the distance by me and the girls at the back. Julius finished in the top 20 and the other boys finishing in the front half of the pack. Meanwhile the girls took a more leisurely approach to the track but displayed excellent kōtahitanga helping each other when someone wanted to take the easy path or give up.

Amazing day overall, great way to end the week.

Ngā Mihi
Whaea Brenda





HAUORA

Kia Ora Whanau,



- **Nurse Day Tuesday** - We have our Health Nurses Madison and Sarah who come into Kura every Tuesday morning at 10am. We ask ākonga if they need to see the nurse on the Monday and Tuesday mornings. Then make an appointment for your child if they need to see the nurse. You can make an appointment through Whaea Karlene or Whaea Sam.

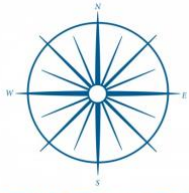
Some common health issues we are facing at kura.

Diarrhoea

Common symptoms and how it's spread	Diarrhoea is loose, watery stools occurring more than 3 times in 1 day. It can be caused by a virus, bacteria, parasite, food poisoning, allergy, or other conditions. Stomach cramps, nausea, a fever, headache and loss of appetite are common associated symptoms.
Is a vaccine available?	No
Should I keep my child home from school?	Yes, until they have not had a loose bowel motion or other symptoms for 24 hours and if there is no cause identified. They may need to stay home for 48 hours until the cause has been identified.

Gastroenteritis

Common symptoms and how it's spread	Gastroenteritis, also known as 'gastro', can cause vomiting and diarrhoea, as well as nausea and stomach pains. It spreads easily from having contact with an infected person (or their vomit or stools). It can also spread via contaminated food or water.
Is a vaccine available?	No
Should I keep my child home from school?	Yes, until they have not had a loose bowel motion or other symptoms for 24 hours and if there is no cause identified. They may need to stay home for 48 hours until the cause has been identified.



Scabies

Common symptoms and how it's spread

Scabies is an infestation of mites (tiny insects) that burrow under the skin causing intense itching and sometimes a rash. Scabies is passed from person to person through close skin contact or the sharing of clothing, towels and bedding. It's not caused by poor personal hygiene.

Is a vaccine available?

No

Should I keep my child home from school?

Yes, until the day after they start appropriate treatment.

GET RID OF SCABIES

- 1 The Scabies Mite**
... gets in your skin and makes you scratch
- 2**
Show the rash to a health professional
- 3 On the same day ...**
- 4**
Wash everyone's clothes and sheets in hot water
- 5**
- 6**
Rub cream all over the body, from the chin down. Treat everyone in the household on the same day.
- 7**
Go to bed
- 8 The next morning ...**
Have a bath or shower and put on clean clothes

SCABIES

What is scabies?
Scabies is caused by tiny insects that burrow along in the skin, laying eggs as they go. Above the eggs, small blisters form, surrounded by red patches - these are very itchy.

Why is it important to treat scabies?
Scabies will not go away without treatment.

- Scratching a lot can lead to serious skin infections.
- Untreated skin infections can lead to kidney and blood infections.
- People who have scabies for a long time can get permanent scarring of the skin. Children scratching a lot find it hard to concentrate and learn.
- Preschool and school teachers can ask that children with untreated scabies be kept at home.

Who gets it?

- Anyone! Even the cleanest people get scabies.
- Washing in soap and water or swimming in the sea will not prevent or cure it.

How do you catch it?

- Scabies spreads easily to other people in the family and to their friends.
- Scabies spreads:
 - by close bodily contact, eg, holding hands, hugging, sleeping together
 - by sharing clothes and bedding.
- Scabies does not live in furniture or carpets.

How do you know you have it?

- Scabies causes a very itchy rash that is worse at bedtime or when you are warm.
- The rash is caused by the scabies mite laying eggs. Small blisters form, surrounded by red patches.
- You may first notice the rash between fingers, on the wrist, inside elbows, around the waist, on the bottom, or on private parts.
- If someone in the family has scabies, others may have caught it without noticing a rash or itch.
- If you are not sure if you have scabies, talk to a health professional.

Deep Clean - Whaea Sam has booked our cleaner to carry out a deep clean in all rooms, for the safety of all ākonga, staff, whanau and manuhiri.

Ngā mihi

Whaea Karlene

Hauora Coordinator



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KEY DATES

Tues 27th Aug Paetata AIMS team @ NSSA Netball comp

Tues 3rd September Paerangi Hui Whakapiki –3.15 -7.00pm

Thurs 5th Sept **TKW Market Day 11am – 2pm**
(At Paenuku – Tarewa Kura Site)

Sun 8th -13th Sept AIMS Games (Paetata)

Week 8 & 9 NCEA Literacy & Numeracy Assessments
(Year 10-11)

Thurs 12th Sept Encanto Movie (in Te Reo Māori)
(Paenuku, Paetawhiti, Paerangi) TBC

Fri 27th Sept **Last Day of Term 3**

Week 1 Holidays Monday-Friday 9am-5pm
Week 2 Holiday No Training

Mon 14th Oct **Term 4 Starts - Kura Back**
Week 1 Term 4 During Kura hours Monday-Thursday
Week 1 Term 4 Friday Leave Kura for marae (TBC)

Sat 19 October **Primary/Intermediate Kapa Haka**
Regional Competition
Kaikohe



KAUPAPA



We believe passionately in our culture, our people, our ākonga, and we know that through hard work, commitment, and focused support they will achieve within the Kura and beyond. We do this hereby acknowledging the 28 Māori Battalion and the price paid for citizenship, so that ‘we’ can “Navigate Māori Futures”.

To do this we commit to success in all its forms:

Kia Māori - Be Māori – Be

An education that validates Māori knowledge and ways of learning.

Kia Mātau – Be Knowledgeable – Know

Encouraging innovation, inquiry, the development of specialised knowledge and skills.

Kia Tū Rangatira Ai – Be Rangatira – Do

Development of strong character and personal excellence, living with mana.

Nā

Raewyn Tipene

POUHERE