



PĀNUI Term 1 Week 3

01/03/25

TE KĀPEHU WHETŪ

Pou hīhiri
Pou rārama

Tenei te pou o te whare mātauranga, te kaupapa e tū nei
Ū te pou, kia hui te ora ki runga i a tātou
Kia puta ki te whai ao
Ki te ao mārama
Tihei Mauriora.....

Last week Te Matatini o Te Kāhui Maunga dominated news threads, social media and our Kura. Every whare had TV on and assembled to watch many kapa haka groups perform. There were many whanaunga and connects throughout, including Hatea, Te Puu Ao and Muriwhenua. All three roopu had ex-students and ex-staff performing. Very proud moments for TKW.

Te Toa Whakaihuwaka – Te Kapa Haka o Ngāti Whakaue....Supreme Winner for 2025

It was particularly poignant for us as this is also Tā Bom's people who we met in Italy. Mīharo!!!



Kapa haka will continue to dominate our Kia Māori and Kia Tū Rangatira space this term:

Friday 28th March

Te Ahuareka o Ngati Hine Festival – All 4x whare will stand

Wednesday 9th April

Tai Tokerau Kapa Haka - 50 Years Festival – Tuakana only

Then last day of school for most of the Kura is **Friday 11th April...BUT** we havent finished yet

Monday 14th April

2025 Leadership Academy of A Company 13th Intake, starts

Thursday 24th April

13th Intake March out Parade

Friday 25th April

ANZAC Day attendance

Saturday 26th April

Support for Chief Luke and Whanau

More details on all three events will be sent out closer to the dates....Kia pai te wiki!

Whaea Rae

POUHERE



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ATTENDANCE

The evidence is very clear that attendance is a key driver of learners' achievement, their wellbeing, and their lifelong outcomes. Regular attendance has a big impact: the more often children attend school, the better they do at school, the happier they are, and the better they are set up for life.

The government has set an attendance target for 2030.

80% of students to be attending 90% of the time (max of 5 days absence per term)

Currently across the country only 53% of students are.

Unfortunately in 2024 TKW's regular attendance was less than this.

We need to work together whanau to get the best outcomes for our tamariki!

We understand that there are valid and important reasons for ākonga to be out of school at times and this is ok but please let the tari know when and why your child is absent.

Tari Year 7-13 ring Whaea Jackie: (09) 955 9996

Tari Year 1-6 ring Whaea Sam: (09) 438 8033

Automated text notification of absence

We will be reinitiating our automated text message system for absences this week. If your child is marked with an unknown absence in the morning an automatic text message is sent to the primary caregiver(s) to notify them.

Last year this made a significant difference to the number of unjustified absences we have. If you would like to discuss your tamaiti's absence either contact the tari or email your child's Pouwhakahaere. In addition, you will get a term update of your child's attendance at Kura and we will be notify whanau who have children consistently absent and/or late.





PAENUKU

PAENUKU WĀNANGA PAENUKU HUHUA!!!

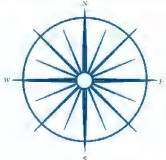


KO TE MANAAKI I TE KUPU KI TE ATUA!

Te whakarangatira ake i ngā
kupu tuatahi o te rā ki te atua.

Ko ia te tīmatanga me te
mutunga o ngā mea katoa.





TE KĀPEHU WHETŪ

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TŪAKANA *me Ōna Teina*

WHAKARITE, KIA RITE!!!

Paenuku Wananga

E PAKARI ANA NGĀ TEINA KI
NGĀ MAHI Ā RINGA ME NGĀ
KUPU WAIATA KI TE AO HAKA.

Ako a Kapokapo

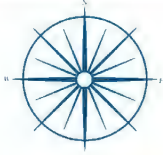
TE NOHO TAU, KORE NEKE, TE
KAPI KARU, KIA HĀ KI ROTO,
KIA MAURITAU TE NOHO
HE AKO KUPU KORE KITEA!

Te Kori Tinana

KO TE KORI TINANA TĒTAHI
MAHI RANGATIRA HEI RAUORA
NEI I A TĀTOU. WHUEEEEE!!!



PAENUKU
TE KAPEHU WHETŪ



TŪAKANA *me Condo Feina*

KO TE RITE, KIA RITE!!!

Paenuku Huhua

E RUA NGA WAIATA HOU KUA AKO
MAI KI NGA WIKI E RUA KUA
HORI!!! E AO TE HAKA KI NGA
TAMARIKI O PAENUKU!

Je Po Rukuruku

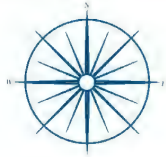
THA KI ROTO, HA KI WAHO, NOHO
MAURITAU, KO OU WHAKAARO NUI KI A
RANGINUI, KO TO TINANA, KA
WHAKAWHENUA KI A PAPTUANUKU

Je Pakari Tinana

KO TE PAKARI TINANA, KO TE PAKARI
WHAKAARO KIA ORA AI TE WHARE
TAPAWHA. WHUEEEEE!!!



PAENUKU
TE KAPEHU WHETU



TE KĀPEHU WHETŪ

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TŪAKANA

me Cony Teina

PUMAU, TUPU, MANAAKI, TIAKI HINENGARO

I ahu mai i hea?

Mā tatou anō e aru atu ki te whakarauora i a Papatuanuku. Ko te kaha o wā tātou tamariki te whanake i ngā pūmautanga o te māori.

Hinengaro Tupu

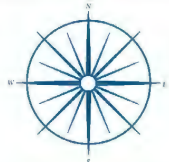
Ko te awhina i nga tamariki ki te whakawhanake i te whakaaro tipu mai i te tamarikitanga kua whakaatuhia hei awhina ia ratou.

Hinengaro Pumau

Ko te whakaaro mau tonu e whakaatu ana i nga tamariki e whakapono ana ko o ratou mohio, o ratou pukenga me o ratou ahuatanga he ahuatanga pumau e kore e taea te tipu.



PAENUKU
TE KAPEHU WHETŪ



TE KĀPEHU WHETŪ

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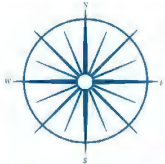
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MĀ TE TUAKANA, KA
AKO AI TE TEINA, MĀ
TE TEINA, KA TIKA AI
TE TUAKANA

He maha ngā kaupapa
ka arahi nei ngā
tuakana i ngā teina o
Paenuku. Anei tetahi o
ngā uara tuakana, teina
ka mahi tātou!





TE KĀPEHU WHETŪ

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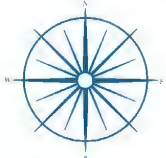
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TANERORE & HINEREHIA

E PAKARI KAHA ANA NGĀ TEINA ME NGĀ TUAKANA O PAENUKU KI TE AKO I NGĀ ĀHUATANGA WHAKARITE KI TE TŪ KI TE ĀHUAREKA O NGĀTI HINE.





TE KĀPEHU WHETŪ

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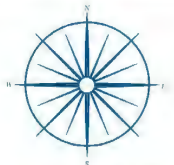
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TE MATATINI 2025 KI TE KĀHUI MAUNGA

TĒNEI A TE KĀPEHU WHETŪ E MIHAMIHA
ANA KI TE TŪ A HĀTEA, TE PŪ AO,

MANAWANAWA ANA TE NGŪ,
TE NOHO A PAENUKU



NGA KARERE MANATU AND REMINDERS

WALKING BUS

Due to the thick congested, it is now becoming unsafe to use the Rori Matua.

THE WALKING BUS TO BERNARD STREET IS NOW IN FULL SWING & A LOT SAFER FOR OUR TAMARIKI.

HEALTHY KAI

Its great to see some beautiful healthy kai in the tamariki lunch boxes.

Paenuku encourage healthy eating for a healthy mindset.

Kia kaha e te whānau ki te manaaki i te kai!

CONGESTED CAR PARK

PLEASE REFRAIN FROM PARKING OUTSIDE THE MOKOPUNA GATES. ALL PARKING ALONG THE PAENUKI WHARE ARE DESIGNATED TO MOKOPUNA WHANAU ONLY!

KURA HOURS

We have been seeing tamariki been dropped to kura before 8am in the mornings.

8.20am... is the earliest our tamariki can arrive at kura.

Please do not drop tamariki off before this time

3-3.15pm Please communicate to the tari ASAP if you are unable to collect your child/ren by this time



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PAENUKU HAUORA

Nau mai Dennaye – Our new nurse

We welcome Dennaye to Paenuku Tuesday afternoons. If you would like your child to be seen by the nurse for a medical check, please let Whaea Sam at the tari know.

Friendly reminders

POTAI - Please ensure your child brings a potai to kura every day. Our policy **“No Hat, No Play”** is to keep your child safe from getting sunstroke. We will keep them in the shaded areas if they do not bring their hat.

POUNAMU = Drink Bottle

Please supply your child with their own drink bottle. We have filtered cold water available for all our ākonga, however we do not want them sharing drink bottles.

NO WHEELS AT KURA We have a **No Wheels policy** at Paenuku, unless your child has been given permission by a parent/caregiver to ride their bike to kura. Once at kura, the bikes will be parked up until kura finishes. The responsibility of their bike is your child's. If you wish to bring a padlock, kei te pai.

New counselling service

We now have a social worker/counsellor, Whaea Molly, here at TKW working between both the Teina and Tuakana sites. If you would like support for your tamariki please speak with their teacher or Whaea Karlene. Whaea Molly will be at Paenuku Tuesday mornings and Tuakana Tuesday afternoons. For any inquiries, please contact your child's teacher or Whaea Karlene.



Mana Ake works with local school communities to enhance wellbeing outcomes for tamariki.

It provides strengths based, evidence informed wellbeing and mental health support to children in the context of their school, whānau, community and natural networks of support.

By working in partnership our aim is to provide:

	TIER 1: Universal	TIER 2: Targeted	TIER 3: Individual
Current Focus	<ul style="list-style-type: none"> Understanding wellbeing workshops and training. Help to build connections & collaboration with services. Centralising wellbeing information and localised referral pathways. Supporting schools to implement whole-school approaches & programmes. 	<ul style="list-style-type: none"> Supporting schools to develop wellbeing goals. Clarifying pathways of support for wellbeing concerns. Support for pastoral care systems and processes. Sharing success indicators to identify and respond to trends. 	<ul style="list-style-type: none"> Knowledge on where and how to access support. Supporting teachers/staff to understand and implement trauma informed and wellbeing practices. Sharing strategies with teachers to develop skills and confidence to support individual students.
Support for schools	<ul style="list-style-type: none"> Developing wellbeing information to share with whānau. Sharing and empowering whānau with wellbeing education and resources. Supporting access to workshops to understand wellbeing. 	<ul style="list-style-type: none"> Whānau & tamariki mana enhancing activities. Community support groups. Drop-in sessions. Helping whānau understand tamariki development stages. Programmes to support parenting. 	<ul style="list-style-type: none"> Whānau led support for addressing wellbeing for tamariki. Connecting whānau with supports that empower them to achieve their desired outcomes. Keeping connected with whānau.
Support for whānau	<ul style="list-style-type: none"> School wide and whole class strategies to promote wellbeing. E.g. Social and emotional literacy. Culturally responsive frameworks and processes. Embedding a culture of care and manaakitanga. Student connectedness, engagement and belonging. 	<ul style="list-style-type: none"> Small group social and emotional learning: <ul style="list-style-type: none"> - Resilience - Emotional regulation - Self-esteem - Positive relationships - Grief, loss and transitions - Healthy choices - Identity formation 	<ul style="list-style-type: none"> Targeted evidence based individual interventions addressing wellbeing. Individual direct supports: <ul style="list-style-type: none"> - Counsellors / Social Workers - Mentors / Youth Workers - Mental Health Specialists - Kaitiaki support
Support for tamariki			

Learn more at: www.northlandhb.org.nz/mana-ake

PAETATA



Kia Māori - Kia Mātau - Kia Tū Rangatira Ai

PĀNUI MŌ TE WIKI TUATORU

Tēnā koutou e te whānau o Paetata. We are settling into our whare for the term quite nicely. Our ākonga have made themselves familiar with their new environment and getting into the flow of the Paetata whare. We are excited for what's ahead and looking forward to embracing the journey together.



TE MATATINI

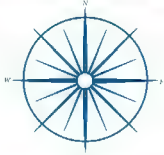
This week, Paetata focused on researching three kapa haka rōpū that performed at this year's Te Matatini. After gathering information about each group, they presented their findings to the class, sharing insights on their performances and unique cultural elements. We would like to acknowledge our 4 Te Tai Tokerau roopu who performed this year. E mihi ana ki a rātou.

HĪKOI MAUNGA

This week, ākonga embarked on their first hīkoi up Parihaka Maunga, the first of many to come. Our kura is in a prime location in terms of understanding our local history. We quite literally have all of these rich stories at our front door, which we are very fortunate to be surrounded by. Maunga, Awa, & Kōrero tuku iho.



**Whāia te mātauranga hei oranga mā te ngahere.
Seek knowledge for the well-being of the forest.**



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PAETATA

TE KĀPEHU WHETŪ

WEEK 3 PĀNUI

HĪKOI MAUNGA

These haerenga serve multiple purposes, providing positive whanaungatanga by strengthening connections among ākonga and Pouako, and the wider community. Promoting physical well-being through movement, mental well-being through time spent in nature, and spiritual well-being by engaging with the whenua & localising our curriculum.



KAUPAPA WAKA

This week with waka, Paetata and Whaea Joelene focused on learning how to tie strong and useful knots to help secure and keep things safe. They also painted some of the hoe and practiced lashing techniques on the front of the waka, developing important skills in waka maintenance and the importance of how to take proper care of her.

REMINDERS

- Monday Hīkoi Maunga, please ensure your child has appropriate walking shoes
- Drink bottles and Hats are a must.
- Paetata Basketball, Friday afternoons
- Phones, go to Whaea Kay every morning and returned end of day
- Kapa Haka, Monday, Tuesday & Wednesday



Mā te waka, Mā te hoe, ka taea ai
By the canoe and the paddle, it can be achieved

PAETAWHITI

PAETAWHITI

Kia Māori:
We validate Māori knowledge and validate Māori ways of learning. We have a strong sense of identity.

Kia Mātau:
We empower our ākonga to develop their approach to learning that will allow them to achieve goals that they set themselves.

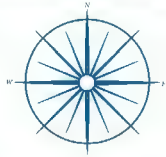
Kia Tū Rangatira Ai:
We provide an environment for the development of strong character and personal excellence so that ākonga understand how to conduct themselves honourably in the world.



KIA MATAU - AROMATAWAI

Paetawhiti ākonga have been working diligently to complete their English literacy assessment in reading and writing to determine their beginning of the year baseline levels. This data will be collated to determine what each ākonga knows and what they need to learn next. Assessments will continue in Week 4 for Numeracy and Te Reo Māori.

**KO AU TE TAI AO - KO TE TAI AO KO AU.
CREATING A POSITIVE SAFE LEARNING ENVIRONMENT IN
PAETAWHITI! WHERE ĀKONGA FEEL MOTIVATED TO
PARTICIPATE IN ASSESSMENTS!**



TE KĀPEHU WHETŪ

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WEEK 3 PAETAWHITI

KŪI MĀORI:
WE VALIDATE MĀORI
KNOWLEDGE AND VALIDATE
MĀORI WAYS OF LEARNING, WE
HAVE A STRONG SENSE OF
IDENTITY.

KŪI MŪTTAU:
WE EMPOWER OUR ĀKONGA TO
DEVELOP THEIR APPROACH TO
LEARNING THAT WILL ALLOW
THEM TO ACHIEVE GOALS
THAT THEY SET
THEMSELVES.

KŪI TŪ RANGATIRĀ AI:
WE PROVIDE AN
ENVIRONMENT FOR THE
DEVELOPMENT OF STRONG
CHARACTER AND PERSONAL
EXCELLENCE, SO THAT ĀKONGA
UNDERSTAND HOW TO CONDUCT
THEMSELVES HONOURABLY IN
THE WORLD.



KIA MAORI, KIA TU RANGATIRA AI, KIA MATAU

This week Paetawhiti ākonga have dived into graphic Design with NGEN Room. NGEN Room offers high tech programs for rangatahi and adults and is right next to our Tuakana whare!





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PAERANGI

Our akonga are working well across the 3 pou and with a full and varied schedule every week there is not time for rest, they need to make sure they make every minute count.

Kia Māori

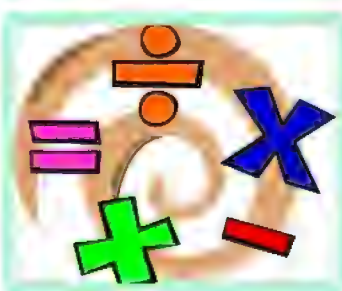
Kapa Haka training is underway with practises on Tuesdays and Thursdays. It is good to see our Paerangi ākonga slowly stepping up in their leadership here and being good role models for our teina. Our Year 11-13 tane have had 2 sessions now with Staff Gene working on improving their mihimihi delivery and content, we are looking forward to seeing this in action at Wa Whakarite.



Kia Mātau

Te Reo Māori. This term's focus is on writing, tuhituhi. The focus of the Year 11's mahi is Nga Manu Korero and the revitalization of Te Reo Maori, while the Year 12 and 13 ākonga are devising some creative writing as well as presenting findings on a famous Māori leader or event for Māori people. Ākonga are allowed to work on this mahi at home if they choose.

Mathematics Our Year 11s are working on number, measurement and geometry skills so they can solve tasks that have real life applications. Later in the term we will be revising our numeracy skills for the common assessment activity in Term 2 which is required to successfully pass NCEA.



The Year 12s are working on trigonometry involving the area and sides of the land measurements and surveying and the Year 13s are working on statistics and gaining credits towards University Entrance in Mathematics.

Stay tuned for information about English, Business and Physical Education next week.

Kia Tū Rangatira Ai

The Maara

On Wednesday a group of Year 11 boys were a great awahi to Staff Gene and elders as they spent the day harvesting crops and replanting banana palms. They worked hard and gained valuable knowledge, which they enjoyed sharing when they returned to kura. Thank you for your awahi and excellent work ethic!



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Rangatahi Coaching workshop

On Friday a group of akonga attended the Whangarei Rangatahi Coaching workshop held at Kensington Stadium. The main focus of the day was to gain insight into the basic fundamentals of coaching and leadership skills. Regional Sports Organisation were present to work with students in different codes. Overall they had an excellent day and have gained new knowledge and skills to share with peers and teina in kura.



Platoon Challenge Time!

This week saw Katipo, Mako, and Tui competing in Ripper Rugby. Platoons were separated into Year 7-9 and Year 10-13 and the battle was on. It became quite evident early on that it was the juniors who were the stars on the day with some having to play up in the Year 10-13 teams as well due to their platoons not having enough players. Super star Anahera Aekins (Year 9) ending up playing 4 games straight for Tui! Legend!

Unfortunately we ran out of time and the final 2 games will be played on Monday where we will see which platoon will come out triumphant as the overall winner for this week's challenge.



TUAKANA HAUORA

ENERGY DRINKS

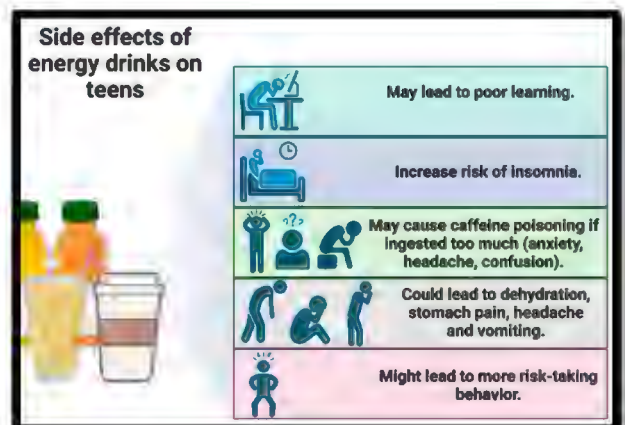
We are seeing far too many ākonga arriving at school drinking energy drinks. These are not part of our kaupapa and detrimental to your health. Please encourage tamariki to choose healthy drinks.

Wai Māori is the best, and the only acceptable drink at our Kura.

Energy Drinks are not recommended for people under the age of 16 and there are very good reasons for this. These drinks have large amounts of caffeine in them. Caffeine is a psychoactive stimulant drug that acts on the central nervous system, alters brain function, acts as a diuretic, and elevates blood pressure and metabolic rate. Adverse effects from caffeine include anxiety, headaches, insomnia, irritation of the gastrointestinal tract, nausea and depression.

Many of these energy drinks also have guarana, taurine, ginseng, and/or l-carnitine in them. Despite the claims they can boost energy and mood they also can come with side effects including heart palpitations, insomnia, headaches, seizures, anxiety, nervousness, upset stomach, shakiness.

Then there is the high sugar content. One small V can has approx 5 teaspoons of sugar, and one can of Monster (480ml) has a massive 12 teaspoons. Some of our ākonga are having one of these for breakfast!



If a student has an energy drink during kura hours we will remove it from them, they are not conducive to learning and not part of our Kaupapa at Te Kāpehu Whetū.

Please encourage your tamariki to make wise choices when buying their own kai and drink. There is nothing in these energy drinks they need and the negative effects outweigh any taste highlights they may enjoy.



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KEY DATES FOR TERM 1

TERM 1: WEEK 4

4th March

Sport Northland Yr7-8 Girls Tag TBC

WEEK 5:

11th March

YES Kick-start Event – Paerangi (Business class)

13th March

Action Matakana – Paerangi

WEEK 6:

20th March

Tuakana whare – Hui Whakapiki 3.30-6.30pm

WEEK 7:

28th March

Te Ahuareka o Ngati Hine Festival – All whare

WEEK 9:

9th April

Tai Tokerau Kapa Haka Festival – Tuakana

11th April

Last Day of Term 1 – School Holidays start

School Holidays:

14th April

Leadership Academy of A Company Intake starts

24th April

Intake March Out

25th April

Attend ANZAC Day celebrations

26th April

Support Chief Luke & Whanau

TERM 2: WEEK 1

29th April TUESDAY

First Day of Term 2

(Please note: Monday 28th April is a Ministry of Education 'Teachers' only day designated for development of the new curriculum)

Dates still to be confirmed:

- Paenuku Whanau WEAPS hui



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KAUPAPA



We believe passionately in our culture, our people, our ākonga, and we know that through hard work, commitment, and focused support they will achieve within the Kura and beyond. We do this hereby acknowledging the 28 Māori Battalion and the price paid for citizenship, so that 'we' can "Navigate Māori Futures".

To do this we commit to success in all its forms:

Kia Māori - Be Māori – Be

An education that validates Māori knowledge and ways of learning.

Kia Mātau – Be Knowledgeable – Know

Encouraging innovation, inquiry, the development of specialised knowledge and skills.

Kia Tū Rangatira Ai – Be Rangatira – Do

Development of strong character and personal excellence, living with mana.

Nā

Raewyn Tipene

POUHERE