



# PĀNUI Term 3 Week 7

31/08/25

## TE KĀPEHU WHETŪ

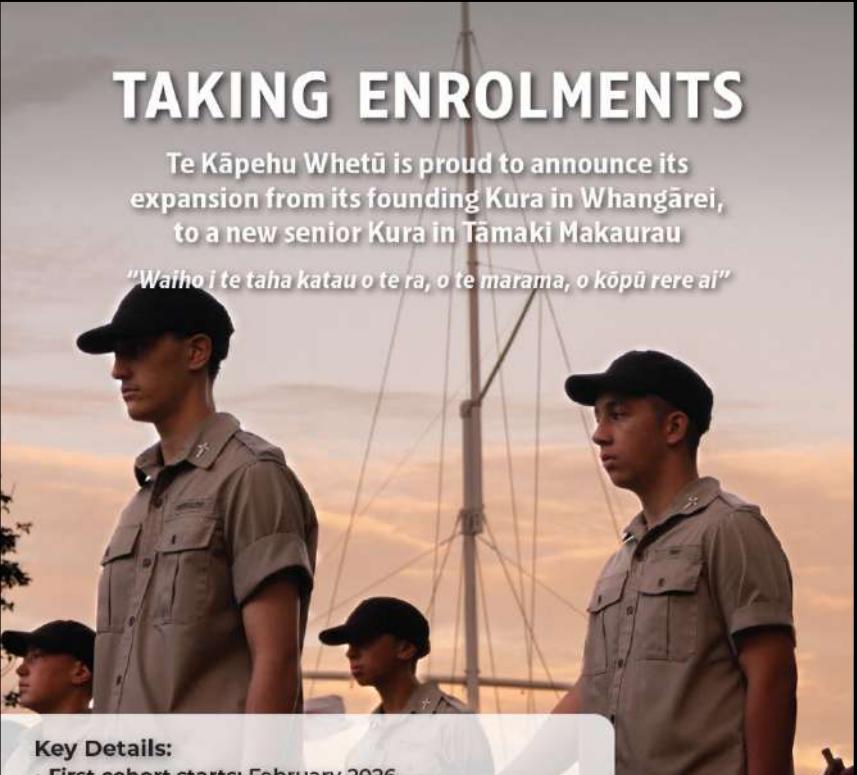
### Kia ora e te whanau

As you already know we have been approved to open a senior (year 11-13) kura in central Tāmaki Makaurau in January 2026. Today we shared that with the rest of the north. I will cover more details on TKW Tāmaki, at our whanau hui on Thursday 18<sup>th</sup>. See you there!!

## TAKING ENROLMENTS

Te Kāpehu Whetū is proud to announce its expansion from its founding Kura in Whangārei, to a new senior Kura in Tāmaki Makaurau

*"Waiho ī te taha katau o te ra, o te marama, o kōpū rere ai"*



**Key Details:**

- First cohort starts: February 2026
- Intake: Years 11-13 only, day and boarding students
- Kura location: Central Auckland
- Hostel location: Parnell

For more information about Te Kāpehu Whetū and its expansion into Tāmaki Makaurau, visit:

- Te Kāpehu Whetū website - [www.tkw.ac.nz](http://www.tkw.ac.nz)
- Tāmaki Makaurau landing page - [www.tkwtaumaki.ac.nz](http://www.tkwtaumaki.ac.nz)
- Email [info@tkwtamaki.ac.nz](mailto:info@tkwtamaki.ac.nz)

 TE KĀPEHU WHETŪ  
Navigating Māori Futures

**Kia pai to wiki**  
**Whaea Rae**  
**POUHERE**



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## KEY DATES FOR TERM 3

### THIS WEEK

#### **1-5 September AIMS GAMES – Paetata**

Tuesday 2 <sup>nd</sup> Sept	WEAPS Hui – <b>Paenuku</b>
Wednesday 3 <sup>rd</sup> Sept	WEAPS Hui – <b>Paenuku</b>
Thursday 4 <sup>th</sup> Sept	Literacy CAA – Writing NCEA ( <b>Year 9-12</b> )
Thursday 4 <sup>th</sup> Sept	Level 1 English External practice exam

### WEEK 9

Tuesday 9 <sup>th</sup> Sept	Literacy CAA – Reading NCEA ( <b>Year 9 -11</b> )
Tuesday 9 <sup>th</sup> Sept	Level 2&3 Te Reo Māori External practice exam
Thursday 11 <sup>th</sup> Sept	Numeracy CAA NCEA ( <b>Year 10-11</b> )
Thursday 11 <sup>th</sup> Sept	Level 1 Maths External practice exam
Thursday 11 <sup>th</sup> Sept	Rā Mākete Ki <b>Paenuku</b>

#### **NOTE: Sunday 14<sup>th</sup> Sept 50 TAU O TE HIKOI WHENUA**

### WEEK 10

Wednesday 17 <sup>th</sup> Sept	Te Reo Māori Wiki
Thursday 18 <sup>th</sup> Sept	Full kura Platoon Challenge TBC
<b>Friday 19<sup>th</sup> September</b>	<b>Whanau hui 5.30pm</b>
	<b>Last Day of Term 3</b>



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# Free Whānau Support Services

TE KAPEHU WHETŪ

Next clinics: 25<sup>th</sup> August & 8<sup>th</sup> September | 9:30:am - 1:00pm  
Brought to you by Ngāti Hine Health Trust

### GP HEALTH CHECKS

Free general health check-ups to keep you and your tamariki well.

### NURSE CHECKS

Health monitoring, wellness checks, and preventative care with a friendly, qualified nurse.

### KAIWHIRIWHIRI VISITS

One-on-one support to help with:

- Goal planning
- Housing needs
- Counselling referrals
- MSD/Work and Income advocacy
- Employment and job-seeking support
- Interservice referrals

### OLYMPICS PATHWAY PROGRAMME

For tamariki and rangatahi with big dreams – find out how we can help them pursue sporting excellence!

**No appointment needed – all whānau welcome.**

**For more info, contact the school office or Orson Misimake – 027 293 9564**

**He waka eke noa | We're all in this together**



## PĀNUI Term 3 Week 7

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### PAENUKU

# KŌHAO RĀU HUARAHİ AKO



HE ARA AKO E HONO ANA  
KI TE TUAKIRI MĀORI, TE  
WHAKAPAPA, TE WHENUA,  
ME TE REO, I RUNGA ANŌ  
I NGĀ UARA O TE PEPEHA.



KO TE PEPEHA HE KŌRERO  
TUKU IHO E  
WHAKAMĀRAMA ANA I TŌ  
TĀTOU TUAKIRI.



KIA RANGAHAU I TŌNA  
AKE PEPEHA, Ā, KA  
WAIHANGA I TĒTAHI MAHI  
I TAUUA PEPEHA – E  
WHAKAATU ANA I TE  
HONONGA KI TE WHENUA,  
TE WHĀNAU, ME TE  
HĪTORI.



# PĀNUI Term 3 Week 7

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## KŌHAO REO

ĒTAHI KŌHAO RAU, HUARAHİ AKO E HĀNGAI, E HONO ANA KI TE PEPEHA. KO NGĀ ARA AKO (KŌHAO RAU) E HĀNGAI ANA KI TE PEPEHA, KO ēRĀ HUARAHİ KA:

- TAUTOKO I TE RANGAHAU I TE WHAKAPAPA
- HĀPAI I TE REO MĀORI ME NGĀ TIKANGA
- WHAKAMANA I TE HONONGA KI TE WHENUA, KI TE HAPŪ, KI TE AO MĀORI



### 1. TE REO MĀORI

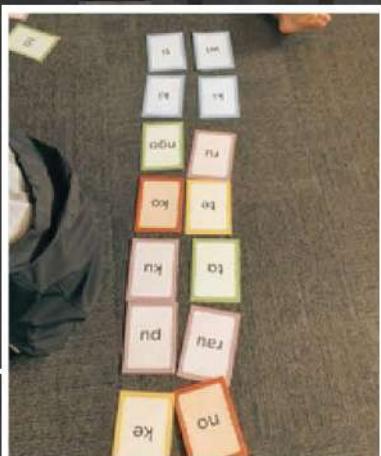
- AKO I TE REO HEI TUKU, HEI WHAKAMĀRAMA I TŌ PEPEHA
- TE HANGA I NGĀ RERENGA KŌRERO HEI WHAKAATU I TŌ TUAKIRI

### 2. TIKANGA MĀORI

- AKO I NGĀ KAWA ME NGĀ TIKANGA O TŌ IWI/HAPŪ
- TĒNEI E TAEA AI TE WHAKAPĀHO TIKA I TŌ PEPEHA I RUNGA MARAE

### 3. TE AKO WHAKAPAPA

- TE RANGAHAU I TŌ AKE WHAKAPAPA, Ō TŪPUNA
- TE TŪHONO KI NGĀ KŌRERO O Ō MĀTUA, KOROUA, KUIA





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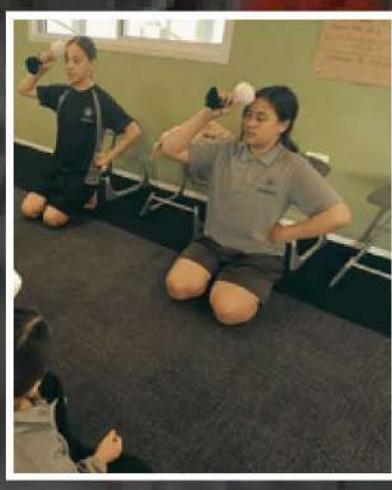


### 4. MĀTAURANGA MĀORI

- AKO I TE MĀTAURANGA TUKU IHO E PĀ ANA KI NGĀ MAUNGA, AWA, WHENUA O TŌ PEPEHA
- TE WETEWETE I NGĀ KŌRERO O NEHE (E.G., PŪRĀKAU, HĪTORI Ā-IWI)

### 5. MAHI TOI (CREATIVE PATHWAYS)

- WAIHANGA TOI E WHAKAAATU ANA I TŌ PEPEHA (WHAKAAHUA, RARANGA, TOI ATAATA)
- WAIHANGA WAIATA, HAKA, KŌRERO PŪRĀKAU





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# KŌHАО HAUORA

ĒTAHI KŌHАО RAU, HUARAHİ AKO E HĀNGAI, E HONO ANA KI TE PEPEHA. KO NGĀ ARA AKO (KŌHАО RAU) E HĀNGAI ANA KI TE PEPEHA, KO ĚRĀ HUARAHİ KA:

- TAUTOKO I TE RANGAHAU I TE WHAKAPAPA
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### 6. NGĀ HAERENGA WHENUA (PLACE-BASED LEARNING)

- TORO ATU KI TŌ MAUNGA, TŌ AWA, TŌ MARAE
- MAHI PĀNUI WHENUA, TŪHONO KI TE TAIAO

### 7. TE MARAE ME TE KŌRERO O TE WHENUA

- AKO I TE HĪTORI O TŌ MARAE, NGĀ KŌRERO O TE WHENUA
- TŪ KI MUA I TE MARAE KI TE WHAKAATU I TŌ PEPEHA, ME TE WHAIKŌRERO/PĀTERE/PĒPEHA





## PĀNUI Term 3 Week 7

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# NGĀ KŌHAO MANATŪ REMINDERS

We have our WHĀNAU EDUCATION ACTION PLAN coming up this week. Please contact the tari to book your appointment.

### BERNARD ST PARKING

Due to huge congestion, Paenuku parents must use the Bernard Street (over the bridge) for drop off and pick up of Paenuku tamariki.

Please leave the MOKOPUNA CARPARK vacant for mokopuna parents only!!!

POITŪKOHU – WEDNESDAY AFTERNOON  
HUGE MIHI TO ALL OUR TAMARIKI WHO KEEP TURNING UP. YOU ARE ALL AMAZING!!!

WHĀNAU MĀ  
KEEP AN EYE OUT ON UPCOMING EVENTS AND PĀNUI FOR TERM 3!

WEAP ACTION HUI @ PAENUKU

Week 8 – 2<sup>nd</sup> & 3<sup>rd</sup> September

MARKET DAY – KŌHAO WHAKAPAU @ PAENUKU

Week 9 – Thursday 11 September

TE WIKI O TE REO MĀORI

Week 10

14 – 19 September 2025



## PAETAWHITI

### Term 3 Week 7



#### Kia Māori



Remembering Dame Whina Cooper.

# Paetawhiti

## The far horizon

Remembering 1975 Land March Hikoi 50 years on.



This week we started to research the Land March led by Dame Whina Cooper in 1975. Next Sunday it will be 50 years since that event. Ākonga have been asked to write an essay on whether it is still relevant and important to remember this event. Before they can write an essay they need to research what happened and why it happened. Last week they started to look for answers to questions and watch the movie Whina.

This week they will look at photos and read news articles

and read different views on the March. Please share any kōrero you have, personal stories or views. All of this will help to shape the writing of their essay in Week 9.

#### Tech BOT challenge

This week, Year 10 ākonga got to make robots. It is giving them a glimpse into the world of engineering and coding. Following the instructions and having a robot at the end put lots of smiles on faces.





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## Kia Mātau



Watching the movie, Whina for research.

## Kia Tū Rangatira ai



## Waka Hoe

Carrying on from last week, ākonga honed their skills and either got it right or ended up doing push ups. We are getting ourselves prepared and ready for taking Whakaruru te Hau out on the water. Waka is teaching us all to listen, to move together and to keep in time with each other. As Whaea Jolene reminds us, when we are on the waka, we need to be on the waka. Which means we need to let everything else in our mind go and focus on the waka and where we are going. This week ākonga had a chance to be the captain and practise calling the instructions for everyone else. Waka teaches us so many lessons about life. We look forward to using these skills on the water soon.

## Lunchtime games continue...



This week we played Spoons. It was noisy and sometimes controversial, but we learned a new game and had some laughs on the way.

Next week we are having a championship round where people can challenge the champion.



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## PAERANGI



NCEA Common Assessments and Practice External Exams are the focus for Week 8 and 9.

Currently to achieve all NCEA Levels akonga must gain 10 literacy credits and 10 numeracy credits through a Common Assessment Activity (CAA) Over the next two weeks some students will be sitting these assessments.

We are also having our practice exams for NCEA Externals that take place at the end of the year. These are to give akonga a chance to gauge where they are at in their learning for these standards and also provides a derived grade incase an unexpected event occurs and they are unable to sit their exams.

**NCEA CAA Writing  
This Thursday 4<sup>th</sup> Sept**

**Level 1 English External  
Practise Exam  
This Thursday 4<sup>th</sup> Sept**

## Year 12 Maths

Never in my teaching life have I seen such an enthusiastic, lively and fully engaged Maths class! Especially studying algebra! These akonga and Matua Stanko are having such a great time, others including myself have joined the class at times to try and solve the equations too. It is amazing seeing so much joy in learning. Thanks for your outstanding mahi Matua Stanko and keep going Year 12s! Aim for Excellence!

## What makes kai 'healthy' or 'unhealthy'?

This is at the core of the mahi the Year 12 akonga are looking into in their Physical Education class and the korero is spilling over into the Pearangi whare as people are genuinely interested in learning.

In general we should all be eating a variety of foods across the 4 food groups: Fruit and veges, Milk/Milk products, grains, seeds/nuts/meat. Our food should also have minimal saturated fat, salt, and added sugar. The more natural the better.

They have also been looking at the Health Star Rating that can be found on the front of packaging when you purchase food from the supermarkets. These tell you how healthy a product is COMPARED TO OTHER SIMILAR PRODUCTS. For example its comparing cereals to cereals and fizzy drink against fizzy drink. A high star rating does not always mean it is a good choice, it just means it is healthier than other options in the same category.



As the akonga do more research we will share information and tips with you. Its great seeing them understanding the implications of the food they eat, giving them the knowledge and autonomy to be able to make informed decisions about their health.



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*Paerangi took advantage of the sun on Thursday afternoon and went for a walk to the Waka and Wave for some much needed fresh air and vitamin D*

## Platoon Challenge

This week we separated into two activities, Netball and cards. In Netball, Pouarahi Ngakupenga and Narima were supported by the outstanding refs Whaea Kay and Whaea Jackie. Despite giving it their all Katipo and Tui could not match the sporting excellence Mako has become known for.

**Results 1<sup>st</sup> Mako 2<sup>nd</sup> Katipo 3<sup>rd</sup> Tui .**

In cards we started with elimination rounds of Last Card, and quickly discovered some games finish quickly while others can go on for what seems like forever! Katipo had the most players and showed their skills early on in the rounds. We also had a game of Spoons, Speed and good old favourite Memory providing hard fought points.

**Results 1<sup>st</sup> Katipo 2<sup>nd</sup> Tui 3<sup>rd</sup> Mako**





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## HAUORA

This week Ngati Hine Health Trust brought their Mobile Doctor's Clinic to our kura, along with TV1, who interviewed some of our ākonga. This is our 3rd visit. They are FREE and available to ākonga, staff and whānau.....Nau Mai, Haere Mai

**Next Clinic Monday 8th September 10am – 1am at Maumahara.**



Akonga being interviewed by TV One at our Ngati Hine Health Trust Mobile Clinic.

**Sore throats are common during winter, You can get your child's throat swabbed from a pharmacy for FREE if they have symptoms**



### What are the symptoms of Rheumatic Fever?

Symptoms of Rheumatic Fever include:

- fever,
- tiredness,
- painful swelling in knees, elbows, wrists, ankles, hips and other big joints,
- sometimes jerky movements, and
- occasionally skin rash or lumps under the skin.

**If you or anyone in your whānau are experiencing the above symptoms, please see your doctor as soon as possible.**



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## KAUPAPA



We believe passionately in our culture, our people, our ākonga, and we know that through hard work, commitment, and focused support they will achieve within the Kura and beyond. We do this hereby acknowledging the 28 Māori Battalion and the price paid for citizenship, so that 'we' can "Navigate Māori Futures".

To do this we commit to success in all its forms:

**Kia Māori - Be Māori – Be**

Kia Māori - Be Māori - Be  
An education that validates Māori knowledge and ways of learning.

**Kia Mātau – Be Knowledgeable – Know**

Kia Mātau – Be Knowledgeable – Know  
Encouraging innovation, inquiry, the development of specialised knowledge and skills.

**Kia Tū Rangatira Ai – Be Rangatira – Do**

Kia Tū Rangatira Ai – Be Rangatira – Do  
Development of strong character and personal excellence, living with mana.

Nā

Raewyn Tipene

POUHERE