



## PĀNUI Term 4 Week 9

9/12/2025

### TE KĀPEHU WHETŪ

Kia ora e te whānau,

**WE are running down to the last week and a half of the year!**

Talking about running I had the honour to watch our 2x Iron Māori teams and 4x Iron Māori solo competitors yesterday in Tāmaki Makaurau. Triathlons aren't easy but we have sent Te Kāpehu Whetū teams through to compete since 2022. Again, we were the only kura/school present and probably had the youngest athlete our Year 9, Kwade Cooper.

	500m Swim	20km Bike	5km Run
Team 1	Craezah	Jerome	Jahris
Team 2	Narima	Kahuroa	Xyvijan

And for the first time we had ākonga contest as a solo competitor doing all 3 **Julius, Tiakina, Saieti and Kwade**. Absolutely outstanding!!

**I would also like to acknowledge Narima and Kahuroa** who both took part in our first Iron Māori event in Napier, back in 2022, as year 10s. Yesterday, even though they graduated 2 weeks ago from kura as Year 13s, they returned and took part in their final act of support for TKW. **So proud of you both!!**

At TKW, improving health through fitness training is important. Most days ākonga are engaged in some form of fitness/sports training. Apart from supporting their physical health, we know that fitness/sports will help equip ākonga with the grit, determination and hardy mindset for life ahead. This can be seen at its height, in our participation each year at Iron Māori.

I look forward to seeing our future Iron Māori teams competing in the future.

Kia pai to wiki  
Whaea Rae  
POUHERE



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### Solo Competitors:

1. Julius
2. Saieti
3. Tiakina
4. Kwade



#### Team 1:

Jahris (Run), Jerome (bike), Craezah (Swim)



#### Team 2:

Xyvijan (run), Narima (swim), Kahuroa (bike)



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### KEY DATES FOR TERM 3

Prize Giving - Yrs 7 to 10  
Paetata & Paetawhiti

12<sup>th</sup> Dec

Graduation Yr8  
Whangarei Theatre Company

15<sup>th</sup> Dec

Last Day of Kura for 2025

17<sup>th</sup> Dec

### *Te Kāpehu Whetū 2025*







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### PAENUKU

## PAENUKU



### HAERE PAI ATU

I tae atu mātou katoa ngā pouako me ngā tamariki i te 8 karaka i te ata o Mane 1 o Tihema 2025. I karakia mātou, kātahi ka uru mai mātou mā runga i ngā pahi e rua, ā, ka wehe mātou ki te 8,30 o te ata kei Paenuku. I peka atu mātou ki Mahurangi ki te wāhi whare mimi he wā poto. Auē, Haramai. I tino hīkaka me te hari koa ngā tamariki i haere mātou ki te wāhi Pito Āniwaniwa. Te kaha ngā tamariki i te waiata, kōrero tahi me te hāparangi i ngā mea i kitea pērā i te whare teitei rawa o Ranginui me te piriti rorua.

Ka mōhio mārika i ngā tamariki i tae atu ki te tāone nui o Ākarana.

### HE WĀHI PĀREKAREKA

Nā ngā tamariki katoa i haere atu ki ko, ki ko huri noa, i haere rātou a rōpu ki te eke ki runga i ngā mea whakamīharo katoa. Heoi, ahakoa te nuinga o rātou ngā tamariki e hari koa mārika, engari mō wētahi e āhua pōuri ana, ko te take hoki i te tāroaroa o wētahi te kaha poto kahatia nā ngā pouako i mauria atu aua tamariki ki te eke i ngā mea e taea rātou ki te eke ā, kātahi anō ka hari ngā tamariki. Ahakoa ngā piki me ngā heke ko te mea nui e pārekareka ana a mātou katoa te iti me te rahi.



## TE WĀHI KAI



### MAURI ORA

Kua tae atu mātou ki te wahanga hirahira o tēnei pānui kōrero ā, ko te wharekai ara ko Tēnii. E hiahia ana i a mātou te kai, nā te mea te roanga ake o te rā te kaha ngā tamariki me ngā pouako i mahi te mahi te aha atu te aha atu kei te Pito Āniwaniwa. Ko pau te kaha ka wherū haere ngā pātere heoi anō kua tae atu ki te wharekai i reira. Ko ngā mea pai ko te maha o ngā tūmomo kai ara ko ngā kai parai ngā purini reka mārika e hoa mā. Nā reira kua kī te puku kua tau te wairua e ora ana te tangata.

**He kōrero maumahara**

**“Tā te kai a ngā Rangatira he kōrero”**

**Mauri Tū**

## HOKI PAI MAI

Kua huri te ihu o tō mātou pahi ki raro ā, ka hoki ki te kainga ki Whagarei Te Rerenga Parāoa. Ahakoa te pai hoki o te haerenga nei me te hīkaka o ngā tamariki e harikoa ana kua tae mai te wā ki te hoki. Nā ngā hunga neina i whakapau kaha kei te Pito Āniwaniwa. Kua parangia te moe e mara ko wētahi e ngongoro mārika hāunga atu i tō mātou kaitaraiwa nāna i mahi i wōna mahi. Kia hoki ora mai mātou katoa ki te Norta nei i te iwa karaka i te pō. E mahi tika ana koe e te kaitaraiwa.

**Tū rau pareā**

**Tū rau Hawiiki**







TE KĀPEHU WHETŪ

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## WHŪ WHŪ PAENUKU... PAENUKU HUHUA 2025

*Anō nei te hōnore ki te whakanui i tētahi tau nunui, tētahi tau  
whakahirahira, tētahi tau angitū ki roto i tō tātou kura.*

*Tuatahi, ki ngā Pouako, ngā Pouāwhina, pou ruruku, pou ruruki o tēnei  
whare mātauranga o Paenuku Wānanga — ngā mihi nui ki a koutou.*

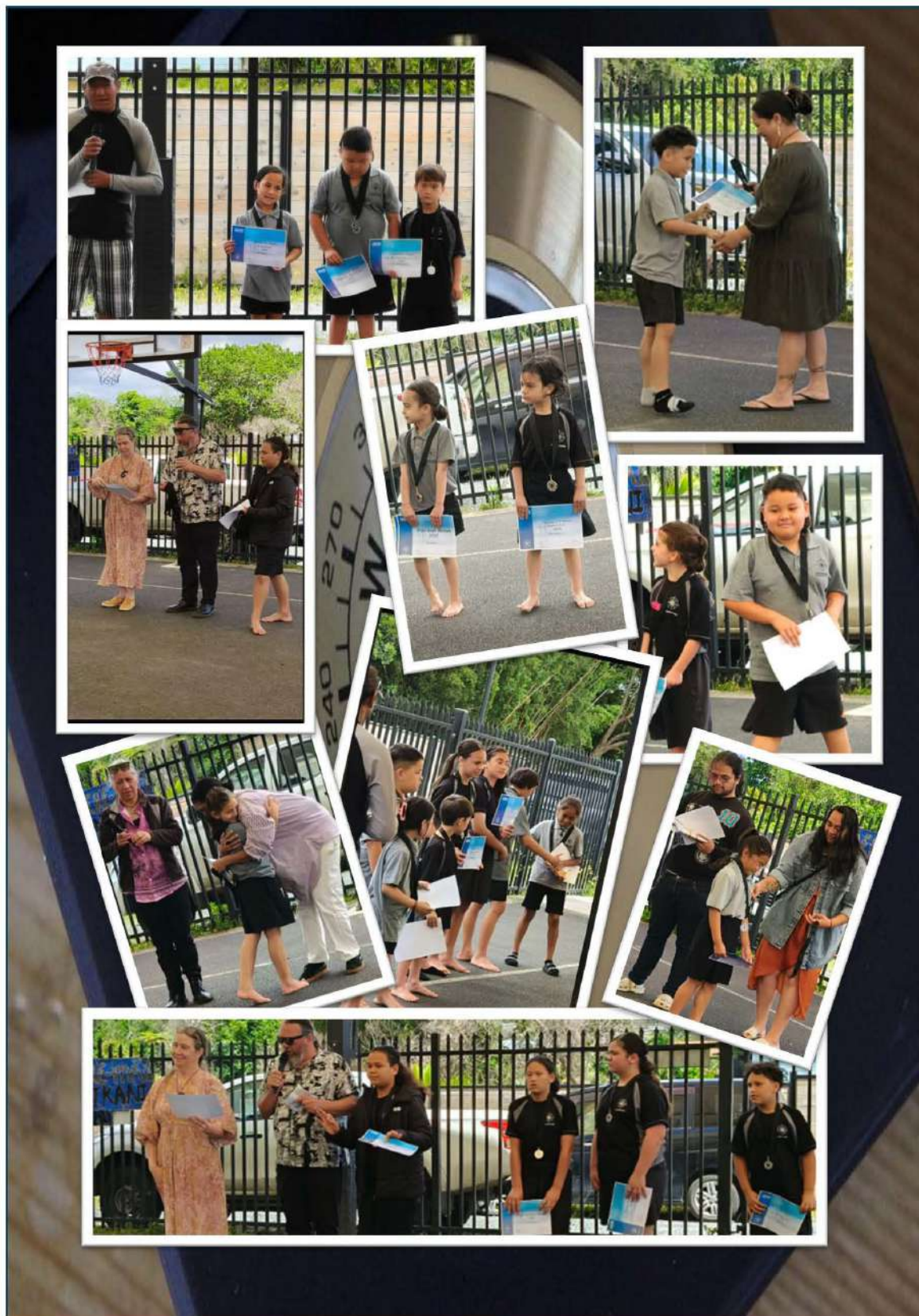
*Nā tō koutou manawanui, tō koutou ngākau aroha, me tō koutou  
whakapau kaha, i ārahina ai ā tātou ākonga kia eke panuku, kia eke  
tangaroa. E kore e mimiti ngā kupu mō tō koutou kaha me te aroha  
tino nui, nui, nuiiii!!!*

*Ki ngā ākonga, ngā rangatira mō āpōpō — ka nui te whakakake ki a  
koutou. Kua whakatinana koutou i te kaha, te uaua, me te ngākau  
hihiko i roto i ngā momo wero me ngā momo angitu o te tau. Ahakoa  
ngā taumahatanga, i tu pakari koutou, i puta koutou ki te whei ao.  
He mihi hoki ki ngā whānau, ngā pou tautoko, kua tū mai i ia rā, i ia  
wiki. Nā koutou i hiki te mauri o ā tātou tamariki kia taea ai e rātou te  
whai i o rātou moemoeā.*

*I te mutunga iho, e kī ana au: he tau tiketike tēnei nā tātou katoa.  
Nō reira, kia whakanuia, kia whakanuitia. Me haere ngātahi tonu tātou  
ki te tau e tū mai nei, me te ngākau hihiko, me te wairua kotahi.*

*Ngā mihi nui ki ngā kaiako me ngā ākonga katoa mō te tau  
whakahirahira. Kia ū, kia kaha, kia manawanui.  
Tēnā koutou, tēnā koutou, tēnā tātou katoa.*







**To celebrate our amazing tamariki and end 2025 with a bang, we are doing 1 last quick raffle.**

## LOTS OF PRIZES UP FOR GRABS

x2 7inch Tablet  
Smart Watch  
Mini Solar Panel  
x4 A4 - Mana prints  
Korowal on Canvas  
Resin Tino Hei Tiki  
Tiki Coasters  
Ngāpuhi T-Shirts  
Pouaka Huawhenua  
Gem Sticker Pad  
Aroha Coasters  
A5 LED Tracing Light Pad  
Taawera Nuku Rau

## LOTS OF ART ITEMS

Metallic Color Pens  
24pk Aquarelle colors  
30pk Coloured markers

**AND LOTS MORE...  
SOME AMAZING GIFTS  
FOR THIS XMAS!**

**100 tickets, \$10 per ticket, 6 draws, 77 prizes!!!**



**HE KOHINGA  
PŪTEA MO  
PAENUKU**

**MEA NEI NGĀ TĀONGA**

**100 TĪKITI - \$10**

**DRAWN 12<sup>TH</sup> OF DECEMBER**

**All proceeds will acquire tāonga for all our tamariki.  
1 ticket per whānau will be distributed for purchase or to be sold.  
So, your tamaiti will come home this week with their 1 ticket.  
Kia manawa tītī, kia manawa mauroa, mo ngā tamariki mokopuna.**



## PĀNUI Term 4 Week 9

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### PAETATA

# PAETATA

TE KĀPEHU WHETŪ WEEK 9 PĀNUI

#### PANUI MO TE WIKI TUAIWA O TE WAHANGA TUAWHĀ

Kia ora e te whānau,

As we move closer to the end of the 2025 school year, we are beginning the countdown toward our final week and a bit together. There are still a few tasks and events to complete before we officially close the year.

This week marked our final visits to Hundertwasser Art Centre and Wairau Art Gallery alongside Whaea Jacinda. During our last session, we were privileged to learn from Nikau Hindin, a contemporary kākahu aute and bark cloth artist, who uses traditional methods to create natural paint from kōkowi and aute bark.

Paetata was also fortunate to be among the first rōpū to view her exhibition, which will be showcased at the Wairau Art Gallery for the next three months. It was an incredible and inspiring experience for our ākonga.



#### Nikau Hindin: Tai Timu, Tai Pari

6 December -  
29 March 2026  
Wairau Māori Art Gallery  
Whangārei







## PĀNUI Term 4 Week 9

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# PAETATA

TE KĀPEHU WHETŪ WEEK 7 PĀNUI

### NGĀ WHAKAMAHARATANGA

#### REMINDERS:

##### ✂ Paetata & Paetawhiti Prize-giving

✂ Friday 12 December

📍 Paetawhiti Whare

🕒 10:00am–12:00pm

##### ✂ Paetata Year 8 Black Tie Dinner

✂ Monday 15 December

📍 Whangārei Theatre Company (Reyburn House Lane) opposite TKW

🕒 6:00pm–8:00pm

Each student may bring two guests.

Please RSVP to Matua Wiremu at

✉ [w.hohaia@tkw.school.nz](mailto:w.hohaia@tkw.school.nz)

no later than Friday 12 December.

Numbers are limited and RSVPs are required for catering purposes.





PAETATA TKW INVITE YOU TO:

## YEAR 8 BLACK TIE DINNER EVENT GRADUATION CELEBRATION 2025

STUDENT PLUS 2 GUESTS ARE  
CORDIALLY INVITED TO THE  
GRADUATION FOR  
PAETATA YEAR 8 STUDENTS

**DATE AND VENUE**  
MONDAY 15<sup>TH</sup> DECEMBER 2025  
WHANGĀREI THEATRE COMPANY  
REYBURN HOUSE LANE  
6.00PM-8.00PM  
ARRIVE BY 5.30 TO LOCATE YOUR SEATS

RSVP MATUA WIREMU WITH GUEST NAMES  
BY FRIDAY 12<sup>TH</sup> DECEMBER  
[w.hohaia@tkw.school.nz](mailto:w.hohaia@tkw.school.nz)





## PĀNUI Term 4 Week 9

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### PAETAWHITI

Term 4  
Week 9



Kia Māori,  
Kia Mātau,  
Kia Tū Rangatira  
ai



# Paetawhiti

## The far horizon

The year is quickly wrapping up, but the mahi in our whare is still going strong. It's awesome to see everyone continuing to show up to kura and stay engaged, even as we head toward the end of the year. Over the next week and a half, there is still plenty of valuable learning — both academic and social — as we begin to wind down together.



In Social Sciences, ākonga have finished their final assignment on The Hōkūle'a, they will be sharing their learning with the whare on Monday.



In Taiao, our tau 10 ākonga have shared what Ko au te Taiao, ko te taiao ko au means to them and how they each show kaitiakitanga in their own spaces—at home, in their kainga, and within their community.

Whānau, we encourage you to sit with your ākonga and explore their learning journey. Their voices and reflections are included in their end-of-year reports, along with their career pathway plans, which will come out to you on the last week of kura.

Over the weekend, four of our boys proudly represented our whare at Iron Māori. You can read more about their journey and their results later in this pānui, but we want to take a moment to acknowledge and celebrate **Tiakina Hura, Saieti Reti, Craeza Jackson and Kwade Cooper-Brown** for their dedication and commitment in taking on the triathlon. We are incredibly proud of them and the example they set for our whare.



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# IRONMĀORI

Tāmaki Makaurau

What an incredible trip! Ten of our akonga headed down to Tāmaki Makaurau on Friday the 5th of December to compete in the IronMāori Tāmaki triathlon at Okahu Bay on the Saturday, and I couldn't be prouder of their effort, dedication, and attitudes.

The IronMāori Tāmaki event saw our students tackle a challenging 500m ocean swim at Okahu Bay, a 20km bike leg along the waterfront, and a 5km run – no small feat!

In the individual events, Julius threw it down and was on another level. He started at full pace and never slowed down. Kwade showed real determination and professionalism that was absolutely second to none – displaying the kind of attitude that takes people places. Tiakina and Saieti just muscled through it, grinding it out with grit and heart.



We also had two fantastic relay teams. Team one featured Craezah putting in a smooth and fast swim, Jerome pumping the pistons on the cycle, and Jahris with an outstanding run. Team two saw Narima gliding through swim, Kahuroa with a solid performance on the cycle course, and Xyvijarn with an outstanding run to finish. We're incredibly proud to share that our cyclists, runners, and swimmers all placed in the top 10 for their individual disciplines – what an achievement!



A huge thank you to Whaea Kay for supporting our kaupapa and making this trip happen. And to Whaea Raewyn, who was bursting with pride watching our akonga compete.







I'm extremely proud of the training these students put in, their commitment, and most importantly, their attitudes throughout this journey. We've got some real talent coming through for the years ahead, and this is a strong platform to build on. I also know there are students who didn't make this trip who are already banging on the wall, ready to earn their spot on the triathlon team next time – and that competitive spirit is exactly what we love to see!

**Mauri Ora!**  
**Rua Paki**





## PĀNUI Term 4 Week 9

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NGĀTI HINE HEALTH TRUST

# Free Whānau Support Services

TE KAPEHU WHETU

Maumahara, 40 Herekino St, Whangarei 0110

**Final clinics for the year**

**24 NOVEMBER 2025 | 12:00PM - 4:00PM**

**8 DECEMBER 2025 | 12:00PM - 4:00PM**

### GP HEALTH CHECKS

Free general health check-ups to keep you and your tamariki well.

### NURSE CHECKS

Health monitoring, wellness checks, and preventative care with a friendly, qualified nurse.

**No appointment needed – all whānau welcome.**

**For more info, contact the school office or Orson Misimake**

**027 293 9564**



## KAUPAPA



We believe passionately in our culture, our people, our ākonga, and we know that through hard work, commitment, and focused support they will achieve within the Kura and beyond. We do this hereby acknowledging the 28 Māori Battalion and the price paid for citizenship, so that ‘we’ can “Navigate Māori Futures”.

To do this we commit to success in all its forms:

### **Kia Māori - Be Māori – Be**

An education that validates Māori knowledge and ways of learning.

### **Kia Mātau – Be Knowledgeable – Know**

Encouraging innovation, inquiry, the development of specialised knowledge and skills.

### **Kia Tū Rangatira Ai – Be Rangatira – Do**

Development of strong character and personal excellence, living with mana.

Nā

Raewyn Tipene

POUHERE